

WORCESTER ATHLETIC CLUB
OPEN MEETINGS 2017
 Nunnery Wood Sports complex, Worcester

Electronic Timing for all races

Track

Tuesday 25th April

6.45 pm	75m	U11
7.00 pm	100m	U17/U20/Snr/Vet
7.15 pm	100m	U15
7.30 pm	100m	U13
7.45 pm	600m	U11
8.00 pm	2000m	U15/U17/U20/Snr/Vet ^{NOTE A}
8.15 pm	800m	All ages except U11 ^{NOTE A}
8.30 pm	200m	U15/U17/U20/Snr/Vet

EDM on selected field events

Field

6.30 pm	Long Jump	U13 (3 trials)
7.00 pm	High Jump	(1.40m opening height)
7.45 pm	Long Jump	U15/U17/U20/Snr/Vet (4 trials)
8.00 pm	Shot Putt	All ages except U11 (4 trials)

Thursday 25th May

7.00 pm	100m	U15/U17/U20/Snr/Vet
7.15 pm	100m	U13
7.30 pm	75m	U11
7.45 pm	400m	U20/Snr/Vet
7.55 pm	400m	U15/U17
	300m	U15/U17
8.10 pm	200m	U11/U13/U15
8.30 pm	Mile	All ages except U11

6.30 pm	Long Jump	U11 (3 trials)
6.45 pm	High Jump	(1.25m opening height)
6.45 pm	Hammer	U15/U17/U20/Snr/Vet (4 trials) ^{NOTE B}
8.15 pm	Discus	U15/U17/U20/Snr/Vet (4 trials) ^{NOTE B}

Thursday 22nd June

6.50 pm	200m	All ages
7.10 pm	800m	All ages ^{NOTE A}
7.30 pm	75m	U11
7.50 pm	400m	U15/U17/U20/Snr/Vet
	300m	U15/U17
8.10 pm	100m	U17/U20/Snr/Vet
8.30 pm	3000m	U15/U17/U20/Snr/Vet ^{NOTE A}

6.45 pm	High Jump	(0.90m opening height)
7.00 pm	Triple Jump	U15/U17/U20/Snr/Vet (4 trials) (min board 5 m)
7.00 pm	Javelin	All ages except U11 (4 trials) ^{NOTE B}
8:00 pm	Pole vault	All ages (1.60m op height) ^{NOTE C}

NOTE A Under 15s may only compete in one of these events.

NOTE B This event may be split into age groups depending on the number of entrants.

NOTE C There are no stadium poles so all competitors should bring their own poles

All entries taken on the day.

Entry fees: Senior/U20 £6.00 U11/U13/U15/U17 £5.00 (up to 3 events)
 U11 £4.00 for April meeting only

The above timetable shows the earliest start times. These may vary depending on the number of entrants.
 Events held under UKA rules.

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