

## RACE DAY INFORMATION

## WORCESTER PITCHCROFT 10K Sunday 11<sup>th</sup> June 2017

**PARKING** – Please use only the centre course car park (free) accessed from Severn Terrace (WR1 3EH). The car park will be open and stewarded from 9am but please note that **the gates will be locked at 1pm strictly**.

**REGISTRATION** – Collection of pre-entry race numbers is from a dedicated desk in the Grandstand concourse. Please note that numbers **MUST** be worn pinned to the **front** of the vest **only**; they must not be folded or mutilated in any way.

**You must complete the medical information on the reverse side of the number.**

An “on-the-day” registration desk for the FUN RUN and 10K (numbers permitting - 300 limit) will also be located on the concourse. Please complete an entry form and present to the race crew.

**TOILETS** - Male and female toilets are located in the centre course building opposite the Grandstand (no disabled access). Public and disabled toilets and baby-changing facilities (all 20p.) are also located 200 metres south on Grandstand Road - in the Café Severn refreshment kiosk.

**CHANGING/BAGGAGE** – Sorry, we are unable to offer changing or baggage storage at this event.

**START** – The start time is 11.00am at the far end of the paddock (short walk). We always however, wait for the last fun runner to finish!

**COURSE** – The course utilises the racecourse perimeter surfaced tracks and paths, the route is traffic free and holds a measurement certificate and UKA race licence. The race is run over 3 laps; to avoid confusion we do not place kilometre markers. The event is very spectator friendly.

**AUDIO/MP3 EARPHONES** - For reasons of safety and in line with the majority of road races we do not permit the wearing of earphones - you may not hear our marshals' instructions or runners and other park users approaching from behind. **Competitors who ignore this request may have their finishing position deleted from the official results.**

**DRINKS** - We supply water only. Water (unlimited) is available in cups on laps 1 and 2 and in bottles at the finish.

**WHEELED CARRIAGES/FANCY DRESS/DOGS** – In the 10K – dogs, push chairs, prams and large structured fancy dress are **not permitted**.

**DISABLED COMPETITORS** - We welcome disabled competitors at this event. *Please contact the organiser before entering* to discuss requirements and course detail.

**RESULTS** - Will be displayed at the Registration Desk as soon as possible after the race and on the club website.

**10K PRIZES** – Engraved trophies and prizes will be awarded in the following categories:

**Male** 1<sup>st</sup> – 2<sup>nd</sup> – 3<sup>rd</sup> – 4<sup>th</sup>

**Female** 1<sup>st</sup> – 2<sup>nd</sup> – 3<sup>rd</sup> – 4<sup>th</sup>

MV40 1<sup>st</sup> - 2<sup>nd</sup> MV50 1<sup>st</sup> – 2<sup>nd</sup> MV60 1<sup>st</sup>

FV35 1<sup>st</sup> – 2<sup>nd</sup> FV45 1<sup>st</sup> - 2<sup>nd</sup> FV55 1<sup>st</sup>

1<sup>st</sup> Male Team (UKA affiliated only) 3 to count

1<sup>st</sup> Female Team (UKA affiliated only) 3 to count

The first 4 place prizes will be awarded irrespective of age groups i.e. if the 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> or 4<sup>th</sup> placed runner is a veteran, then the next runner in that category will be placed 1<sup>st</sup> Veteran, and so on. One prize per competitor, unless part of a winning team.

**FUN RUN Awards** 1<sup>st</sup> Male (under 18) and 1<sup>st</sup> Female (under 18)

**WAAA COUNTY 10K Road Championships** Entry is governed by UKA Rules of Competition: Rule 8(2a) By birth. (2b) By nine months continuous bona fide residence in the County - immediately prior to the competition. (2c) By service in a Unit of HM Forces stationed in the County for nine months immediately prior to the date of the competition. **Affiliated competitors only**