

WORCESTERSHIRE ATHLETIC ASSOCIATION

2018 CROSS COUNTRY CHAMPIONSHIPS (UNDER UKA RULES)

Saturday 6th JANUARY 2018
EVENT COMBINED WITH WARWICKSHIRE COUNTY CHAMPIONSHIP

Venue: Warley Woods B67 5LS
Changing: Club tents
Hosts: Worcestershire AA

RACE	DATES OF BIRTH	DISTANCE	TIME	TEAM AWARD
U 13 Boys	1/9/04 to 6/1/07	3000M	11.00	3 to count
U13 Girls	1/9/04 to 6/1/07	3000M	11.05	3 to count
U15 Boys	1/9/02 to 31/8/04	4000M	11.30	3 to count
U15 Girls	1/9/02 to 31/8/04	4000M	11.35	3 to count
U17 Women U20 Women	1/9/00 to 31/8/02 1/9/97 to 31/8/00	5000m	12.00	3 to count
U17 Men U20 Men	1/9/00 to 31/8/02 1/9/97 to 31/8/00	6000M	12.35	3 to count
Senior Women Master Women	Prior to 31/8/00 Over 40 on 6/1/18	6000m	13.10	3 to count Joint team
Senior Men Master Men	Prior to 31/8/00 Over 40 on 9/1/16	10000m	14.00	6 to count Joint Team

Age Groups: As defined in UKA rules on Cross Country-rule 507 apart from **Masters who need to be over 40** on the day of competition.

Eligibility: UKA Rule 9 and 4(1)

- By birth in the County
- 9 months continuous residence in the County prior to competition
- By 9 months service in a unit of HM Forces stationed in the County Worcestershire is defined by the pre-1974 boundary and includes parts of Birmingham

Rules: Only first claim athletes can score in team competition
Only Clubs affiliated to Worcestershire County are eligible for team awards
Any number of eligible athletes can enter
Official Club colours must be worn
UKA Rules 16 (advertising), 17 (clothing) and 18(1) (numbers) apply

Awards: Presentations on the course as soon as possible after each event. Awards within own age group apart from the senior team awards where masters athletes will count in the scoring team If equal team scores the first team to close will be declared the winner

Entry Fee: Masters/Seniors £7.00
All other age groups £5.00
Cheques payable to **Worcestershire County AA**

Entries to:

Cross Country Championship, **90 Gower Road, Halesowen, B62 9BT**. 0121 422 3156

Team managers please include an **Email address or 9x6 stamped addressed envelope** for confirmation of entry and directions. Please do not staple cheques together

Numbers to be collected on the day

If Clubs prefer we will accept online entries using the excel spreadsheet format shown on the entry file so that we are compatible with that of Warwickshire.

Send to ian.mcgregor@zen.co.uk

Payment by BACS transfer to **Sort Code** 60-02-35 **Account Number** 30664756

Please put your club name as reference

Further Details.

Please be aware that the area used for qualification as a County athlete uses the County Boundary prior to 1976. This does include significant areas of South Birmingham and Dudley. Basically, in Birmingham if you live the Worcester side of the Birmingham to Worcester Canal.

If Clubs prefer we will accept online entries using the excel spreadsheet format shown so that we are compatible with that of Warwickshire.

Send to ian.mcgregor@zen.co.uk

Payment by BACS transfer to Sort Code 60-02-35 Account Number 30664756

There will again be combined under17/under20 races to try and give these runners a larger field to compete in and a more visible identity. For under 20 athletes who will be eligible under the age categories to compete as seniors at the Inter Counties the team managers will take this performance into account. If any under 20's wish to contest the senior race please state this on the entry form. They would then not be included in the individual or team result for their age group.

Rita Brownlie will be present on the day and will look after the distribution of invitation forms for the Inter Counties Cross Country.

The female acceptance forms will go to Rita, Keith Perry will manage the male teams.

Following confusion about selection criteria the following arrangements have been decided on by the County Committee:

In future on the day of the Championships when the teams are chosen all letters will be given out to the maximum number we can enter for the Intercounties XC, and the wording changed to “**will be considered for the Inter Counties team**”. The **first five will be guaranteed selection**, the rest at the selector's discretion. The final places will then allow for athletes not able to run on the day. It will be up to the athletes to contact the team manager to confirm their fitness and availability and to ask if they have been selected.

Please Note: Any Athlete not able to compete at the County Championships who wishes to be considered for the Inter-County teams must notify the County before the day of the Championships. No consideration will be given to applications after the event.

Note: the contact email for this is ian-joan.clarke@blueyonder.co.uk

The closing date is late in December to make it easier for athletes and team managers **but there are consequences.**

There will be **no discussion about late entries.** Please do not embarrass us and you by asking for special treatment after the closing date. The County volunteers have a lot of work to do after the closing date and only a few working days to do this in if they are to have time to enjoy the Christmas and New Year breaks.