



Course records:

Men – 38:07 (2016) Women – 39:27 (2014)

UKA Licence 2020 - 39485

With kind permission from H P Bulmer & Co.

# THE BULMERS BASH

Promoted by



Worcester Athletic Club

An undulating 6.5 mile (approximate) off-road course through the Bulmer's orchards at Wichenford, Worcestershire. **Incorporating** (for county qualified and affiliated runners only)

**The Worcestershire County Multi-Terrain Championships**

## Sunday 22<sup>nd</sup> May 2022 11.00am

Venue: Bulmers Orchard, Hockhams Lane, Wichenford (nearest post code WR6 6QR)  
Facilities include toilets but unfortunately no changing.

**Engraved tumbler and a bottle of Bulmer's Cider for all finishers.**

Prizes: 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> male & female and age category prizes 1<sup>st</sup> M40, M50, M60, M70+ and F35, F45, F55, F65+

**Entry Fee: £12.00 Affiliated club members / £14.00 Unattached**

**NO ENTRIES ON THE DAY - Race limit 150**

Online entries at: [www.runbritain.com/races](http://www.runbritain.com/races)

or via our club website [www.worcester-ac.co.uk](http://www.worcester-ac.co.uk)

where event details and a competitor entry list is available

Please collect race bib numbers on the day

**Donation to the Midlands Air Ambulance from proceeds**

Race Organiser - David Hibbitt, 3 Jenny Wren Row, Droitwich, WR9 7FW.  
Tel: 01905 954988 / 07876 015846 e-mail: [hibbittrunner1947@gmail.com](mailto:hibbittrunner1947@gmail.com)

For postal entries please contact Race Organiser - details as above. See over for entry form

# Bulmers Bash Entry Form 2022

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Circle as required **Male** **Female** Age on race day \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ Fee enclosed £ \_\_\_\_\_

Address \_\_\_\_\_ Predicted time \_\_\_\_\_

Postcode \_\_\_\_\_

Email \_\_\_\_\_ Contact Tel. \_\_\_\_\_

Registration No. \_\_\_\_\_ Affiliated Club \_\_\_\_\_

*I understand that I run in an **endurance event** at my **own risk** and that the organisers and their volunteers will in no way be held responsible for injury, illness, accident or damage sustained or occurred by me as a consequence of my participation in the above events. I agree to abide by the rules of UK Athletics (available online) and the instructions of the race organisers and their representatives.*

*I understand my race data will be passed to UKA for compiling statistics and Power of 10. **CORONAVIRUS** I will not attend this event if required to self-isolate by NHS Test and Trace, or by displaying Covid-19 symptoms. I agree not to use or wear MP3 devices/earphones at this event.*

Signed \_\_\_\_\_ Date \_\_\_\_\_ Official use \_\_\_\_\_

NB. Parent/Guardians signature required for entrants under 18 years of age.

**Worcestershire County Multi-Terrain Championships 2022**



**Tick for entry** Affiliated competitors only

## Entry by birth or residency

**WAAA County Champs** Entry is governed by UKA Rules of Competition: Rule 8(2a) By birth. (2b) By nine months continuous bona fide residence in the County - immediately prior to the competition. (2c) By service in a Unit of HM Forces stationed in the County for nine months immediately prior to the date of the competition.

