

Course Records:
2003 Matt Vaux-Harvey 30.54
2008 Winifrida Kwamboka 34.38



Promoted by WORCESTER ATHLETIC CLUB

under UKA Rules - Licence 2020-32061

Measurement Certificate 18/131

25th WORCESTER PITCHCROFT 10Km 2021 Sunday 26th September



Start 11.00am and finish at the Grandstand, Worcester Racecourse

Fast - Flat - Three lap - Traffic free course run on the perimeter tracks and footpaths

Unique 25th commemorative medal to first 250 finishers. **18 Prizes + teams**

Entry: **Age 15+ on race day** – affiliated runners £12 - unattached £14

Entry limit: **250** - closing date **22/9/21** (or when limit reached)

ENTRY ONLINE – follow the link at www.worcester-ac.co.uk



+ 2.75K FUN RUN AT 10.30AM. = £5 acorns

All proceeds from the Fun Run will be donated to ACORNS CHILDREN'S HOSPICE

1 lap off-road course - All abilities welcome - Medal to all finishers – Place and times recorded

Trophy to first male and female (under 18) Entrants under 11 must be accompanied by an adult

Cheques payable to Worcester Athletic Club - Return to: Race Organiser, 32 Northfield Street, Worcester, WR1 1NS. 01905 28395



First Name _____ Last Name _____

Tick as required

Male Female Age _____ DOB ____/____/____ 10K Fun Run Fee enclosed £ _____

Address _____ Predicted time _____

Postcode _____

Email _____ Contact Tel. _____

Registration No. _____ Affiliated Club _____

*I understand that I run in an **endurance event** at my **own risk** and that the organisers and their volunteers will in no way be held responsible for injury, illness, accident or damage sustained or occurred by me as a consequence of my participation in the above events. I agree to abide by the rules of UK Athletics (available online) and the instructions of the race organisers and their representatives.*

*I understand my race data will be passed to UKA for compiling statistics and Power of 10. **CORONAVIRUS** I will not attend this event if required to self-isolate by NHS Test and Trace, or by displaying Covid-19 symptoms.*

I agree not to use or wear MP3 devices/earphones at this event.

Signed _____ Date _____ Official use _____

NB. Parent/Guardians signature required for entrants under 18 years of age.

Check the Worcester AC website for confirmation of entry. Bib numbers to be collected on race day. PTO for event information

**Current UK Government and England Athletics coronavirus guidelines will apply on race day.
Please check website for current updates.**

PARKING – Please use only the centre course car park (**free – 2.1m height restriction**) accessed from Severn Terrace (WR1 3EH). The car park will be open and stewarded from 9am but please note that **the gates will be locked at 1pm strictly.**

REGISTRATION – Collection of **pre-entry** race numbers is from a dedicated desk in the Grandstand concourse. Please note that numbers **MUST** be worn pinned to the **front** of the vest **only**; they must not be folded or mutilated in any way.

THERE IS NO ENTRY ON THE DAY

You must complete the medical information on the reverse side of the number.

TOILETS - Male and female Portatoilets are located in the centre course opposite the Grandstand (no disabled access). Public and disabled toilets and baby-changing facilities (all 20p.) are also located 200 metres south on Grandstand Road.

CHANGING/BAGGAGE – Sorry, we are unable to offer changing or baggage storage at this event.

START – The start time is 11.00am at the far end of the paddock (short walk).
We always wait for the last fun runner to finish!

COURSE – The course utilises the racecourse perimeter surfaced tracks and paths, the route is traffic free and holds a measurement certificate and UKA race licence. The race is run over 3 laps.
Kilometre markers are placed at 1, 5 and 9K

AUDIO/MP3 EARPHONES - For reasons of safety we do not permit the wearing of earphones - you may not hear our marshals' instructions, or other runners and park users approaching from behind. **Competitors who ignore this request may have their finishing position deleted from the official results.**

DRINKS - We supply water only. Water is available in closed bottles on lap 2 and at the finish. Please place used bottles in marked bins.

WHEELED CARRIAGES/FANCY DRESS/DOGS – **In the 10K** – dogs, push chairs, prams and large structured fancy dress are **not permitted.**

DISABLED COMPETITORS - We welcome disabled competitors at this event. **Please contact the organiser before entering** to discuss requirements and course detail.

REFRESHMENTS – Hot and cold beverages and light snacks will be available from our barista style vendor – **Cafe2U**

RESULTS – Hand timed - Will be displayed on the club website. We aim to award prizes at 12.15 approximately.

10K PRIZES – Engraved trophies and prizes will be awarded in the following categories:

Male 1st – 2nd – 3rd

Female 1st – 2nd – 3rd

MV40 1st - 2nd MV50 1st – 2nd MV60 1st MV70 1st

FV35 1st – 2nd FV45 1st -2nd FV55 1st FV65 1st

1st Male Team (UKA affiliated only) 3 to count

1st Female Team (UKA affiliated only) 3 to count

The first 3 place prizes will be awarded irrespective of age groups i.e. if the 1st, 2nd, 3rd placed runner is a veteran, then the next runner in that category will be placed 1st Veteran, and so on. One prize per competitor, unless part of a winning team.

FUN RUN Awards 1st Male (under 18) and 1st Female (under 18)

