

CLUB RECORDS

Veteran Men - Track & Field

(Compiled by Dave Hope – please contact Dave if you know of missing or better performances)

Last updated **May 2018** (changes shown in **RED**)

Event / Age	Name	Record	Venue	Date
TRACK				
100m				
35 - 39	Stephen Buttler	12.01	Horspath, Oxford	09/07/14
40 – 44	Stephen Buttler	11.7	Wenlock	12/07/15
45 - 49	Laurence Oldfield	12.4	Sutton Coldfield	29/08/92
50 - 54	Laurence Oldfield	12.3	Sutton Coldfield	27/08/94
55 - 59	Laurence Oldfield	12.6	Worcester	08/09/01
60 – 64	Laurence Oldfield	13.1	Mansfield	05/09/04
65 - 69	Laurence Oldfield	14.2	Birmingham	13/05/09
70-74	Laurence Oldfield	14.0	Stoke-on-Trent	31/08/14
75-79	Barry Swindells	16.9	Nuneaton	04/09/16
200m				
35 – 39	Stephen Buttler	24.86	Horspath, Oxford	09/07/14
40 – 44	Richard White	23.1	Brierley Hill	12/06/02
45 – 49	Don Foulkes	25.2	Bromsgrove	06/07/80
50 – 54	Laurence Oldfield	25.1	Brierley Hill	03/08/94
55 – 59	Laurence Oldfield	25.6	Solihull	20/08/00
60 – 64	Laurence Oldfield	26.05	Denmark	31/07/04
65 – 69	Laurence Oldfield	27.49	Birmingham	05/07/09
70-74	Laurence Oldfield	29.0	Stoke-on-Trent	31/08/14
75-80	Barry Swindells	36.1	Nuneaton	04/09/16
400m				
35 – 39	Dave Hall	57.7	Stourport	30/04/15
40 – 44	Richard White	52.7	Redditch	04/05/00
45 – 49	Richard White	53.8	Birmingham	10/05/06
50 – 54	Richard White	55.6	Bromsgrove	03/08/11
55 – 59	Richard White	55.65	Lee Valley	28/02/16
60 – 64	Laurence Oldfield	57.6	Denmark	28/07/04
65 – 69	Laurence Oldfield	61.0	Solihull	08/08/10
70+	Laurence Oldfield	65.2	Lyon, France	12/08/15
800m				
35 – 39	Dave Hall	2.05.9	Stourport	14/08/11
40 – 44	Stewart Halion	2.00.5	Cheltenham	Jul 92
45 – 49	Stewart Halion	2.02.5	Solihull	Jun 96
50 – 54	Stewart Halion	2.07.39	Hendon	28/07/02
55 – 59	Richard White	2'13.93	Birmingham	14/02/15
60 – 64	Stewart Halion	2.29.5	Worcester	04/09/11
65 – 69	Derek Jackson	2.35.4	Worcester	27/07/16
70 - 74	Barry Swindells	2.47.71	Birmingham	15/09/13
75+	Barry Swindells	2.53.69	Lyon, France	09/08/15
1500m				
35 – 39	Ian Atkins	4.12.1	Warley	1991
40 – 44	Stewart Halion	4.13.0	Solihull	07/06/92
45 – 49	Stewart Halion	4.16.4	?	1997
50 – 54	Stewart Halion	4.18.04	Brisbane	Jul 01
55 – 59	Martyn Cole	4.58.1	Cheltenham	15/07/17
60 – 64	Derek Jackson	5.19.0	Stourport	28/04/16
65 – 69	Derek Jackson	5.06.22	Cardiff	04/02/18
70 - 74	Barry Swindells	5.43.08	Birmingham	14/09/13
75+	Barry Swindells	5.57.39	Lyon, France	15/08/15

Mile				
55-59	Martyn Cole	5.18.7	Oxford	29/07/17
60-64	x			
65-69	Derek Jackson	5.27.9	Oxford	19/07/17
3000m				
35 – 39	Ian Radford	9.11.17	Worcester	22/06/17
40 – 44	Stewart Halion	9.11.2	Redditch	06/08/92
45 – 49	Mike Venables	9.18.3	Brierley Hill	12/06/95
50 – 54	Mark Hill	9.57.4	Worcester	01/08/13
55 – 59	Martyn Cole	10.48.5	Worcester	19/07/17
60 – 64	Derek Jackson	10.59.7	Worcester	14/05/16
65 – 69	Derek Jackson	10.56.6	Solihull	25/05/16
70 – 74	Barry Swindells	12.50.3	Stourport	28/05/14
75+	Barry Swindells	13.23.5	Brierly Hill	27/05/15
200m Hurdles				
35 – 39	x			
40 – 44	x			
45 – 49	x			
50 – 54	x			
55 – 59	Richard White	28.98	Worcester	30/08/15
60 – 64	x			
65 – 69	x			
70+	x			
400m Hurdles				
35 – 39	Martin Reid	74.2	Solihull	06/08/16
40 – 44	x			
45 – 49	Richard White	59.5	Leamington	02/06/07
50 – 54	Richard White	60.13	Birmingham	25/06/11
55 – 59	Richard White	62.32	Lyon, France	11/08/15
60 – 64	x			
65 – 69	x			
70+	x			
2k Race Walk				
35 – 39	x			
40 – 44	Bernard Yates	10.37.5	Brierley Hill	11/05/92
45 – 49	Hugh Davies	11.47.3	Stourport	10/05/17
50 – 54	Les Scrivens	10.37.8	Worcester	10/08/95
55 – 59	John Marshall	11.12.0	Droitwich	08/08/91
60 – 64	Les Scrivens	12.18.0	Worcester	14/08/08
65 – 69	Les Scrivens	12.20.6	Brierley Hill	07/07/10
70+	Les Scrivens	13.31.3	Stourport	28/05/14
Relays (age mix)				
4x100	Laurence Oldfield, Richard Perkins, Derek Naish & Dennis Kelly	49.4	Birm'ham Uni	13/06/96
4x200	Laurence Oldfield, Richard Perkins, Dennis Kelly & Stewart Halion	1.42.5	Birmingham	04/09/91
4x400	Laurence Oldfield, Derek Naish, Dennis Kelly & Stewart Halion	3.48.9	Worcester	07/08/97
Medley (200 200 400 800)	Laurence Oldfield, Richard Perkins, Dennis Kelly & Stewart Halion	3.56.6	Redditch	06/08/92

Event / Age	Name	Record	Venue	Date
FIELD				
Javelin				
35 – 39	Jim Cowell	48.37	Leamington	01/08/10
40 – 44	Dennis Kelly	39.36	Redditch	06/08/92
45 – 49	Phil Goddard	36.30	Worcester	10/08/95
50 – 54	Roger King	30.56	Droitwich	08/08/91
55 – 59	Phil Goddard	30.91	Brierley Hill	08/08/07
60 – 64 (600g)	Mike Small	35.67	Brierly Hill	27/05/15
60 – 64 (700g)	Mike Small	34.00	Redditch	29/07/15
60 – 64 (800g)	Mike Small	32.01	Stourport	30/04/15
65 – 69 (500g)	Roger King	23.41	Redditch	12/06/08
70 - 74 (500g)	Ian Bowles	19.50	Nuneaton	09/06/14
70 - 74 (800g)	Roger King	20.59	Worcester	19/07/11
75+	Roger King	21.33	Worcester	07/09/14
Shot				
35 – 39 (7.26Kg)	Jim Cowell	10.89	Corby	06/06/10
40 – 44 (7.26Kg)	Damon Cripps	11.14	Worcester	30/08/15
45 – 49 (7.26Kg)	Marc Flannery	10.51	Brierley Hill	08/08/07
50 – 54 (6Kg)	Marc Flannery	11.07i	Sheffield	05/02/12
55 – 59 (6Kg)	Marc Flannery	10.34	Hereford	13/05/17
60 – 64 (5Kg)	Mike Small	12.02	Brecon	14/06/15
60 – 64 (6Kg)	Mike Small	10.62	Nuneaton	04/09/16
60 – 64 (7.26Kg)	Mike Small	10.05	Brierly Hill	27/05/15
65 – 69 (5Kg)	Ian Bowles	9.82	Worcester	12/05/12
65 – 69 (6Kg)	Ian Bowles	8.57	Brierley Hill	27/06/12
70 - 74 (4Kg)	Ian Bowles	10.25	Nuneaton	09/06/14
75+	Roger King	7.97	Worcester	07/09/14
Hammer				
35 – 39 (7.26Kg)	Nick Daniel	33.62	Leamington	01/08/10
40 – 44 (7.26Kg)	Damon Cripps	39.55	Manchester	23/05/15
45 – 49 (7.26Kg)	Marc Flannery	23.31	Worcester	04/08/07
50 – 54 (6Kg)	Marc Flannery	25.50	Nuneaton	01/09/13
55 – 59	Marc Flannery	27.01	Stourport	10/05/17
60 – 64 (5Kg)	Mike Small	40.93	Brecon	14/06/15
60 – 64 (6Kg)	Mike Small	33.60	Stourport	30/04/15
65 – 69 (5Kg)	Ian Bowles	29.17	Nuneaton	09/06/13
70+ (4Kg)	Ian Bowles	33.03	Worcester	24/05/14
70+ (5Kg)	Ian Bowles	30.46	Worcester	30/07/14
Discus				
35 – 39 (2Kg)	Nick Daniel	30.14	Brierley Hill	07/07/10
40 – 44 (2Kg)	Lee Newman	46.86	Lee Valley	10/03/18
45 – 49 (2Kg)	Marc Flannery	31.58	Stourport	03/07/10
50 – 54 (1.5Kg)	Marc Flannery	33.28	Horspath, Oxford	12/09/10
55 – 59 (1.5Kg)	Marc Flannery	31.12	Hereford	13/05/17
60 – 64 (1Kg)	Mike Small	42.09	Birmingham	19/09/15
60 – 64 (1.5Kg)	Mike Small	35.22	Brierly Hill	27/05/15
65 – 69 (1Kg)	Ian Bowles	38.15	Derby	21/07/12
70+ (1Kg)	Ian Bowles	36.59	Nuneaton	08/06/14
Weight				
60 – 64 (9.08Kg)	Mike Small	16.27	Brecon	14/06/15
Throws Pentathlon				
60-64	Mike Small	3545pts	Birmingham	19/09/15

Long Jump				
35 – 39	x			
40 – 44	Marc Flannery	5.92	Solihull	2001
45 – 49	Marc Flannery	5.66	Nuneaton	01/09/07
50 - 54	Roger King	5.15	Brierley Hill	10/07/91
55 - 59	Henry Hopkins	4.96	Southampton	31/05/17
60 – 64	Henry Hopkins	4.91	Southampton	11/4/18
65 - 69	Roger King	4.32	Worcester	14/08/08
70 - 74	Roger King	3.98	Worcester	20/04/10
75+	Roger King	3.51	Worcester	07/09/14
Triple Jump				
35 - 39	x			
40 – 44	Jez Church	11.64	Tidworth	21/09/02
45 - 49	Roger King	11.06	Wolverhampton	14/07/85
50 - 54	Roger King	10.15	Brierley Hill	10/07/91
55 - 59	Henry Hopkins	10.22	Lee Valley	12/03/17
60 – 64	Henry Hopkins	9.64	Lee Valley	25/2/18
65 - 69	Roger King	8.31	Redditch	11/06/09
70 - 74	Roger King	7.10	Birmingham	15/09/12
75+	Roger King	6.62	Brierly Hill	27/05/15
High Jump				
35 - 39				
40 – 44	Jez Church	1.70	Derby	23/09/01
45 - 49	Marc Flannery	1.57i	Lee Valley	10/02/08
50 - 54	Marc Flannery	1.56i	Sheffield	05/02/12
55 - 59	Marc Flannery	1.50	Stourport	10/05/17
60 – 64	Ian Bowles	1.25	Tipton	09/07/08
65 - 69	Ian Bowles	1.20	Brierley Hill	27/06/12
70+	Ian Bowles	1.18	Nuneaton	08/06/14
Pole Vault				
35 - 39	x			
40 – 44	Marc Flannery	3.10	Brierley Hill	05/08/02
45 - 49	Marc Flannery	3.05	Worcester	14/08/08
50 - 54	Marc Flannery	2.90	Solihull	06/07/11
55 - 59	Marc Flannery	2.81	Solihull	28/06/17
60 – 64	Dave Hope	1.70	Worcester	14/08/08
65 - 69	Dave Hope	1.90	Worcester	01/08/13
70+	x			