

CLUB RECORDS

Veteran Men - Track & Field

(Compiled by Dave Hope – please contact Dave if you know of missing or better performances)

Last updated **October 2018** (changes shown in **RED**)

| Event / Age | Name | Record | Venue | Date |
|--------------|----------------------|----------------|------------------|-----------------|
| TRACK | | | | |
| 100m | | | | |
| 35 - 39 | Stephen Buttler | 12.01 | Horspath, Oxford | 09/07/14 |
| 40 – 44 | Stephen Buttler | 11.7 | Wenlock | 12/07/15 |
| 45 - 49 | Laurence Oldfield | 12.4 | Sutton Coldfield | 29/08/92 |
| 50 - 54 | Laurence Oldfield | 12.3 | Sutton Coldfield | 27/08/94 |
| 55 - 59 | Laurence Oldfield | 12.6 | Worcester | 08/09/01 |
| 60 – 64 | Laurence Oldfield | 13.1 | Mansfield | 05/09/04 |
| 65 - 69 | Laurence Oldfield | 14.2 | Birmingham | 13/05/09 |
| 70-74 | Laurence Oldfield | 14.0 | Stoke-on-Trent | 31/08/14 |
| 75-79 | Barry Swindells | 16.9 | Nuneaton | 04/09/16 |
| 200m | | | | |
| 35 – 39 | Stephen Buttler | 24.86 | Horspath, Oxford | 09/07/14 |
| 40 – 44 | Richard White | 23.1 | Brierley Hill | 12/06/02 |
| 45 – 49 | Don Foulkes | 25.2 | Bromsgrove | 06/07/80 |
| 50 – 54 | Laurence Oldfield | 25.1 | Brierley Hill | 03/08/94 |
| 55 – 59 | Laurence Oldfield | 25.6 | Solihull | 20/08/00 |
| 60 – 64 | Laurence Oldfield | 26.05 | Denmark | 31/07/04 |
| 65 – 69 | Laurence Oldfield | 27.49 | Birmingham | 05/07/09 |
| 70-74 | Laurence Oldfield | 29.0 | Stoke-on-Trent | 31/08/14 |
| 75-80 | Barry Swindells | 36.1 | Nuneaton | 04/09/16 |
| 400m | | | | |
| 35 – 39 | Dave Hall | 57.7 | Stourport | 30/04/15 |
| 40 – 44 | Richard White | 52.7 | Redditch | 04/05/00 |
| 45 – 49 | Richard White | 53.8 | Birmingham | 10/05/06 |
| 50 – 54 | Richard White | 55.6 | Bromsgrove | 03/08/11 |
| 55 – 59 | Richard White | 55.65 | Lee Valley | 28/02/16 |
| 60 – 64 | Laurence Oldfield | 57.6 | Denmark | 28/07/04 |
| 65 – 69 | Laurence Oldfield | 61.0 | Solihull | 08/08/10 |
| 70+ | Laurence Oldfield | 65.2 | Lyon, France | 12/08/15 |
| 800m | | | | |
| 35 – 39 | Dave Hall | 2.05.9 | Stourport | 14/08/11 |
| 40 – 44 | Stewart Halion | 2.00.5 | Cheltenham | Jul 92 |
| 45 – 49 | Stewart Halion | 2.02.5 | Solihull | Jun 96 |
| 50 – 54 | Stewart Halion | 2.07.39 | Hendon | 28/07/02 |
| 55 – 59 | Richard White | 2'13.93 | Birmingham | 14/02/15 |
| 60 – 64 | Stewart Halion | 2.29.5 | Worcester | 04/09/11 |
| 65 – 69 | Derek Jackson | 2.33.74 | Solihull | 01/09/18 |
| 70 - 74 | Barry Swindells | 2.47.71 | Birmingham | 15/09/13 |
| 75+ | Barry Swindells | 2.53.69 | Lyon, France | 09/08/15 |
| 1500m | | | | |
| 35 – 39 | Ian Atkins | 4.12.1 | Warley | 1991 |
| 40 – 44 | Stewart Halion | 4.13.0 | Solihull | 07/06/92 |
| 45 – 49 | Stewart Halion | 4.16.4 | ? | 1997 |
| 50 – 54 | Stewart Halion | 4.18.04 | Brisbane | Jul 01 |
| 55 – 59 | Martyn Cole | 4.58.1 | Cheltenham | 15/07/17 |
| 60 – 64 | Frank Tota | 5.09.1 | Worcester | 22/07/18 |
| 65 – 69 | Derek Jackson | 5.06.22 | Cardiff | 04/02/18 |
| 70 - 74 | Barry Swindells | 5.43.08 | Birmingham | 14/09/13 |
| 75+ | Barry Swindells | 5.57.39 | Lyon, France | 15/08/15 |

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| Mile | | | | |
| 35 – 39 | Matt Moon | 4'54.4 | Worcester | 07/06/18 |
| 40 – 44 | | | | |
| 45 – 49 | Hugh Davies | 5'06.2 | Worcester | 07/06/18 |
| 50 – 54 | David Pound | 5'55.2 | Worcester | 07/06/18 |
| 55 - 59 | Martyn Cole | 5.18.7 | Oxford | 29/07/17 |
| 60 - 64 | x | | | |
| 65 - 69 | Derek Jackson | 5.27.9 | Oxford | 19/07/17 |
| 3000m | | | | |
| 35 – 39 | Ian Radford | 9.11.17 | Worcester | 22/06/17 |
| 40 – 44 | Stewart Halion | 9.11.2 | Redditch | 06/08/92 |
| 45 – 49 | Mike Venables | 9.18.3 | Brierley Hill | 12/06/95 |
| 50 – 54 | Mark Hill | 9.57.4 | Worcester | 01/08/13 |
| 55 – 59 | Martyn Cole | 10.48.5 | Worcester | 19/07/17 |
| 60 – 64 | Derek Jackson | 10.59.7 | Worcester | 14/05/16 |
| 65 – 69 | Derek Jackson | 10.56.6 | Solihull | 25/05/16 |
| 70 – 74 | Barry Swindells | 12.50.3 | Stourport | 28/05/14 |
| 75+ | Barry Swindells | 13.23.5 | Brierly Hill | 27/05/15 |
| 5000m | | | | |
| 65-69 | Derek Jackson | 18'50.10 | Bristol | 23/06/18 |
| 200m Hurdles | | | | |
| 35 – 39 | x | | | |
| 40 – 44 | x | | | |
| 45 – 49 | x | | | |
| 50 – 54 | x | | | |
| 55 – 59 | Richard White | 28.98 | Worcester | 30/08/15 |
| 60 – 64 | x | | | |
| 65 – 69 | x | | | |
| 70+ | x | | | |
| 400m Hurdles | | | | |
| 35 – 39 | Martin Reid | 74.2 | Solihull | 06/08/16 |
| 40 – 44 | x | | | |
| 45 – 49 | Richard White | 59.5 | Leamington | 02/06/07 |
| 50 – 54 | Richard White | 60.13 | Birmingham | 25/06/11 |
| 55 – 59 | Richard White | 62.32 | Lyon, France | 11/08/15 |
| 60 – 64 | x | | | |
| 65 – 69 | x | | | |
| 70+ | x | | | |
| 2k Race Walk | | | | |
| 35 – 39 | x | | | |
| 40 – 44 | Bernard Yates | 10.37.5 | Brierley Hill | 11/05/92 |
| 45 – 49 | Hugh Davies | 11.47.3 | Stourport | 10/05/17 |
| 50 – 54 | Les Scrivens | 10.37.8 | Worcester | 10/08/95 |
| 55 – 59 | John Marshall | 11.12.0 | Droitwich | 08/08/91 |
| 60 – 64 | Les Scrivens | 12.18.0 | Worcester | 14/08/08 |
| 65 – 69 | Les Scrivens | 12.20.6 | Brierley Hill | 07/07/10 |
| 70+ | Les Scrivens | 13.31.3 | Stourport | 28/05/14 |
| Relays (age mix) | | | | |
| 4x100 | Laurence Oldfield, Richard Perkins, Derek Naish & Dennis Kelly | 49.4 | Birm'ham Uni | 13/06/96 |
| 4x200 | Laurence Oldfield, Richard Perkins, Dennis Kelly & Stewart Halion | 1.42.5 | Birmingham | 04/09/91 |
| 4x400 | Laurence Oldfield, Derek Naish, Dennis Kelly & Stewart Halion | 3.48.9 | Worcester | 07/08/97 |
| Medley (200 200 400 800) | Laurence Oldfield, Richard Perkins, Dennis Kelly & Stewart Halion | 3.56.6 | Redditch | 06/08/92 |

| Event / Age | Name | Record | Venue | Date |
|--------------------------|---------------|---------|------------------|----------|
| FIELD | | | | |
| Javelin | | | | |
| 35 – 39 | Jim Cowell | 48.37 | Leamington | 01/08/10 |
| 40 – 44 | Dennis Kelly | 39.36 | Redditch | 06/08/92 |
| 45 – 49 | Phil Goddard | 36.30 | Worcester | 10/08/95 |
| 50 – 54 | Roger King | 30.56 | Droitwich | 08/08/91 |
| 55 – 59 | Phil Goddard | 30.91 | Brierley Hill | 08/08/07 |
| 60 – 64 (600g) | Mike Small | 35.67 | Brierly Hill | 27/05/15 |
| 60 – 64 (700g) | Mike Small | 34.00 | Redditch | 29/07/15 |
| 60 – 64 (800g) | Mike Small | 32.01 | Stourport | 30/04/15 |
| 65 – 69 (500g) | Roger King | 23.41 | Redditch | 12/06/08 |
| 70 - 74 (500g) | Ian Bowles | 19.50 | Nuneaton | 09/06/14 |
| 70 - 74 (800g) | Roger King | 20.59 | Worcester | 19/07/11 |
| 75+ | Roger King | 21.33 | Worcester | 07/09/14 |
| Shot | | | | |
| 35 – 39 (7.26Kg) | Jim Cowell | 10.89 | Corby | 06/06/10 |
| 40 – 44 (7.26Kg) | Damon Cripps | 11.14 | Worcester | 30/08/15 |
| 45 – 49 (7.26Kg) | Marc Flannery | 10.51 | Brierley Hill | 08/08/07 |
| 50 – 54 (6Kg) | Marc Flannery | 11.07i | Sheffield | 05/02/12 |
| 55 – 59 (6Kg) | Marc Flannery | 10.34 | Hereford | 13/05/17 |
| 60 – 64 (5Kg) | Mike Small | 12.02 | Brecon | 14/06/15 |
| 60 – 64 (6Kg) | Mike Small | 10.62 | Nuneaton | 04/09/16 |
| 60 – 64 (7.26Kg) | Mike Small | 10.05 | Brierly Hill | 27/05/15 |
| 65 – 69 (5Kg) | Ian Bowles | 9.82 | Worcester | 12/05/12 |
| 65 – 69 (6Kg) | Ian Bowles | 8.57 | Brierley Hill | 27/06/12 |
| 70 - 74 (4Kg) | Ian Bowles | 10.25 | Nuneaton | 09/06/14 |
| 75+ | Roger King | 7.97 | Worcester | 07/09/14 |
| Hammer | | | | |
| 35 – 39 (7.26Kg) | Nick Daniel | 33.62 | Leamington | 01/08/10 |
| 40 – 44 (7.26Kg) | Damon Cripps | 39.55 | Manchester | 23/05/15 |
| 45 – 49 (7.26Kg) | Marc Flannery | 23.31 | Worcester | 04/08/07 |
| 50 – 54 (6Kg) | Marc Flannery | 25.50 | Nuneaton | 01/09/13 |
| 55 – 59 | Marc Flannery | 27.01 | Stourport | 10/05/17 |
| 60 – 64 (5Kg) | Mike Small | 40.93 | Brecon | 14/06/15 |
| 60 – 64 (6Kg) | Mike Small | 33.60 | Stourport | 30/04/15 |
| 65 – 69 (5Kg) | Ian Bowles | 29.17 | Nuneaton | 09/06/13 |
| 70+ (4Kg) | Ian Bowles | 33.03 | Worcester | 24/05/14 |
| 70+ (5Kg) | Ian Bowles | 30.46 | Worcester | 30/07/14 |
| Discus | | | | |
| 35 – 39 (2Kg) | Nick Daniel | 30.14 | Brierley Hill | 07/07/10 |
| 40 – 44 (2Kg) | Lee Newman | 46.86 | Lee Valley | 10/03/18 |
| 45 – 49 (2Kg) | Marc Flannery | 31.58 | Stourport | 03/07/10 |
| 50 – 54 (1.5Kg) | Marc Flannery | 33.28 | Horspath, Oxford | 12/09/10 |
| 55 – 59 (1.5Kg) | Marc Flannery | 31.12 | Hereford | 13/05/17 |
| 60 – 64 (1Kg) | Mike Small | 42.09 | Birmingham | 19/09/15 |
| 60 – 64 (1.5Kg) | Mike Small | 35.22 | Brierly Hill | 27/05/15 |
| 65 – 69 (1Kg) | Ian Bowles | 38.15 | Derby | 21/07/12 |
| 70+ (1Kg) | Ian Bowles | 36.59 | Nuneaton | 08/06/14 |
| Weight | | | | |
| 60 – 64 (9.08Kg) | Mike Small | 16.27 | Brecon | 14/06/15 |
| Throws Pentathlon | | | | |
| 60-64 | Mike Small | 3545pts | Birmingham | 19/09/15 |

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| Long Jump | | | | |
| 35 – 39 | x | | | |
| 40 – 44 | Marc Flannery | 5.92 | Solihull | 2001 |
| 45 – 49 | Marc Flannery | 5.66 | Nuneaton | 01/09/07 |
| 50 - 54 | Roger King | 5.15 | Brierley Hill | 10/07/91 |
| 55 - 59 | Henry Hopkins | 4.96 | Southampton | 31/05/17 |
| 60 – 64 | Henry Hopkins | 4.91 | Southampton | 11/4/18 |
| 65 - 69 | Roger King | 4.32 | Worcester | 14/08/08 |
| 70 - 74 | Roger King | 3.98 | Worcester | 20/04/10 |
| 75+ | Roger King | 3.51 | Worcester | 07/09/14 |
| Triple Jump | | | | |
| 35 - 39 | x | | | |
| 40 – 44 | Jez Church | 11.64 | Tidworth | 21/09/02 |
| 45 - 49 | Roger King | 11.06 | Wolverhampton | 14/07/85 |
| 50 - 54 | Roger King | 10.15 | Brierley Hill | 10/07/91 |
| 55 - 59 | Henry Hopkins | 10.22 | Lee Valley | 12/03/17 |
| 60 – 64 | Henry Hopkins | 10.18 | Southampton | 06/06/18 |
| 65 - 69 | Roger King | 8.31 | Redditch | 11/06/09 |
| 70 - 74 | Roger King | 7.10 | Birmingham | 15/09/12 |
| 75+ | Roger King | 6.62 | Brierly Hill | 27/05/15 |
| High Jump | | | | |
| 35 - 39 | | | | |
| 40 – 44 | Jez Church | 1.70 | Derby | 23/09/01 |
| 45 - 49 | Marc Flannery | 1.57i | Lee Valley | 10/02/08 |
| 50 - 54 | Marc Flannery | 1.56i | Sheffield | 05/02/12 |
| 55 - 59 | Marc Flannery | 1.50 | Stourport | 10/05/17 |
| 60 – 64 | Ian Bowles | 1.25 | Tipton | 09/07/08 |
| 65 - 69 | Ian Bowles | 1.20 | Brierley Hill | 27/06/12 |
| 70+ | Ian Bowles | 1.18 | Nuneaton | 08/06/14 |
| Pole Vault | | | | |
| 35 - 39 | x | | | |
| 40 – 44 | Marc Flannery | 3.10 | Brierley Hill | 05/08/02 |
| 45 - 49 | Marc Flannery | 3.05 | Worcester | 14/08/08 |
| 50 - 54 | Marc Flannery | 2.90 | Solihull | 06/07/11 |
| 55 - 59 | Marc Flannery | 2.81 | Solihull | 28/06/17 |
| 60 – 64 | Dave Hope | 1.70 | Worcester | 14/08/08 |
| 65 - 69 | Dave Hope | 1.90 | Worcester | 01/08/13 |
| 70+ | x | | | |