

# CLUB RECORDS

## Veteran Men - Track & Field

(Compiled by Dave Hope – please contact Dave if you know of missing or better performances)

Last updated **February 2019** (changes shown in **RED**)

| Event / Age  | Name              | Record  | Venue            | Date     |
|--------------|-------------------|---------|------------------|----------|
| <b>TRACK</b> |                   |         |                  |          |
| <b>100m</b>  |                   |         |                  |          |
| 35 - 39      | Stephen Buttler   | 12.01   | Horspath, Oxford | 09/07/14 |
| 40 – 44      | Stephen Buttler   | 11.7    | Wenlock          | 12/07/15 |
| 45 - 49      | Laurence Oldfield | 12.4    | Sutton Coldfield | 29/08/92 |
| 50 - 54      | Laurence Oldfield | 12.3    | Sutton Coldfield | 27/08/94 |
| 55 - 59      | Laurence Oldfield | 12.6    | Worcester        | 08/09/01 |
| 60 – 64      | Laurence Oldfield | 13.1    | Mansfield        | 05/09/04 |
| 65 - 69      | Laurence Oldfield | 14.2    | Birmingham       | 13/05/09 |
| 70-74        | Laurence Oldfield | 14.0    | Stoke-on-Trent   | 31/08/14 |
| 75-79        | Barry Swindells   | 16.9    | Nuneaton         | 04/09/16 |
| <b>200m</b>  |                   |         |                  |          |
| 35 – 39      | Stephen Buttler   | 24.86   | Horspath, Oxford | 09/07/14 |
| 40 – 44      | Richard White     | 23.1    | Brierley Hill    | 12/06/02 |
| 45 – 49      | Don Foulkes       | 25.2    | Bromsgrove       | 06/07/80 |
| 50 – 54      | Laurence Oldfield | 25.1    | Brierley Hill    | 03/08/94 |
| 55 – 59      | Laurence Oldfield | 25.6    | Solihull         | 20/08/00 |
| 60 – 64      | Laurence Oldfield | 26.05   | Denmark          | 31/07/04 |
| 65 – 69      | Laurence Oldfield | 27.49   | Birmingham       | 05/07/09 |
| 70-74        | Laurence Oldfield | 29.0    | Stoke-on-Trent   | 31/08/14 |
| 75-80        | Barry Swindells   | 36.1    | Nuneaton         | 04/09/16 |
| <b>400m</b>  |                   |         |                  |          |
| 35 – 39      | Dave Hall         | 57.7    | Stourport        | 30/04/15 |
| 40 – 44      | Richard White     | 52.7    | Redditch         | 04/05/00 |
| 45 – 49      | Richard White     | 53.8    | Birmingham       | 10/05/06 |
| 50 – 54      | Richard White     | 55.6    | Bromsgrove       | 03/08/11 |
| 55 – 59      | Richard White     | 55.65   | Lee Valley       | 28/02/16 |
| 60 – 64      | Laurence Oldfield | 57.6    | Denmark          | 28/07/04 |
| 65 – 69      | Laurence Oldfield | 61.0    | Solihull         | 08/08/10 |
| 70+          | Laurence Oldfield | 65.2    | Lyon, France     | 12/08/15 |
| <b>800m</b>  |                   |         |                  |          |
| 35 – 39      | Dave Hall         | 2.05.9  | Stourport        | 14/08/11 |
| 40 – 44      | Stewart Halion    | 2.00.5  | Cheltenham       | Jul 92   |
| 45 – 49      | Stewart Halion    | 2.02.5  | Solihull         | Jun 96   |
| 50 – 54      | Stewart Halion    | 2.07.39 | Hendon           | 28/07/02 |
| 55 – 59      | Richard White     | 2'13.93 | Birmingham       | 14/02/15 |
| 60 – 64      | Stewart Halion    | 2.29.5  | Worcester        | 04/09/11 |
| 65 – 69      | Derek Jackson     | 2.33.74 | Solihull         | 01/09/18 |
| 70 - 74      | Barry Swindells   | 2.47.71 | Birmingham       | 15/09/13 |
| 75+          | Barry Swindells   | 2.53.69 | Lyon, France     | 09/08/15 |
| <b>1500m</b> |                   |         |                  |          |
| 35 – 39      | Ian Atkins        | 4.12.1  | Warley           | 1991     |
| 40 – 44      | Stewart Halion    | 4.13.0  | Solihull         | 07/06/92 |
| 45 – 49      | Stewart Halion    | 4.16.4  | ?                | 1997     |
| 50 – 54      | Stewart Halion    | 4.18.04 | Brisbane         | Jul 01   |
| 55 – 59      | Martyn Cole       | 4.58.1  | Cheltenham       | 15/07/17 |
| 60 – 64      | Frank Tota        | 5.09.1  | Worcester        | 22/07/18 |
| 65 – 69      | Derek Jackson     | 5.06.22 | Cardiff          | 04/02/18 |
| 70 - 74      | Barry Swindells   | 5.43.08 | Birmingham       | 14/09/13 |
| 75+          | Barry Swindells   | 5.57.39 | Lyon, France     | 15/08/15 |

|                          |                                                                   |          |               |          |
|--------------------------|-------------------------------------------------------------------|----------|---------------|----------|
| <b>Mile</b>              |                                                                   |          |               |          |
| 35 – 39                  | Matt Moon                                                         | 4'54.4   | Worcester     | 07/06/18 |
| 40 – 44                  |                                                                   |          |               |          |
| 45 – 49                  | Hugh Davies                                                       | 5'06.2   | Worcester     | 07/06/18 |
| 50 – 54                  | David Pound                                                       | 5'55.2   | Worcester     | 07/06/18 |
| 55 - 59                  | Martyn Cole                                                       | 5.18.7   | Oxford        | 29/07/17 |
| 60 - 64                  | x                                                                 |          |               |          |
| 65 - 69                  | Derek Jackson                                                     | 5.27.9   | Oxford        | 19/07/17 |
| 65 - 69 (indoors)        | Derek Jackson                                                     | 5'33.01  | Lee Valley    | 30/01/19 |
| <b>3000m</b>             |                                                                   |          |               |          |
| 35 – 39                  | Ian Radford                                                       | 9.11.17  | Worcester     | 22/06/17 |
| 40 – 44                  | Stewart Halion                                                    | 9.11.2   | Redditch      | 06/08/92 |
| 45 – 49                  | Mike Venables                                                     | 9.18.3   | Brierley Hill | 12/06/95 |
| 50 – 54                  | Mark Hill                                                         | 9.57.4   | Worcester     | 01/08/13 |
| 55 – 59                  | Martyn Cole                                                       | 10.48.5  | Worcester     | 19/07/17 |
| 60 – 64                  | Derek Jackson                                                     | 10.59.7  | Worcester     | 14/05/16 |
| 65 – 69                  | Derek Jackson                                                     | 10.56.6  | Solihull      | 25/05/16 |
| 70 – 74                  | Barry Swindells                                                   | 12.50.3  | Stourport     | 28/05/14 |
| 75+                      | Barry Swindells                                                   | 13.23.5  | Brierly Hill  | 27/05/15 |
| <b>5000m</b>             |                                                                   |          |               |          |
| 65-69                    | Derek Jackson                                                     | 18'50.10 | Bristol       | 23/06/18 |
| <b>200m Hurdles</b>      |                                                                   |          |               |          |
| 35 – 39                  | x                                                                 |          |               |          |
| 40 – 44                  | x                                                                 |          |               |          |
| 45 – 49                  | x                                                                 |          |               |          |
| 50 – 54                  | x                                                                 |          |               |          |
| 55 – 59                  | Richard White                                                     | 28.98    | Worcester     | 30/08/15 |
| 60 – 64                  | x                                                                 |          |               |          |
| 65 – 69                  | x                                                                 |          |               |          |
| 70+                      | x                                                                 |          |               |          |
| <b>400m Hurdles</b>      |                                                                   |          |               |          |
| 35 – 39                  | Martin Reid                                                       | 74.2     | Solihull      | 06/08/16 |
| 40 – 44                  | x                                                                 |          |               |          |
| 45 – 49                  | Richard White                                                     | 59.5     | Leamington    | 02/06/07 |
| 50 – 54                  | Richard White                                                     | 60.13    | Birmingham    | 25/06/11 |
| 55 – 59                  | Richard White                                                     | 62.32    | Lyon, France  | 11/08/15 |
| 60 – 64                  | x                                                                 |          |               |          |
| 65 – 69                  | x                                                                 |          |               |          |
| 70+                      | x                                                                 |          |               |          |
| <b>2k Race Walk</b>      |                                                                   |          |               |          |
| 35 – 39                  | x                                                                 |          |               |          |
| 40 – 44                  | Bernard Yates                                                     | 10.37.5  | Brierley Hill | 11/05/92 |
| 45 – 49                  | Hugh Davies                                                       | 11.47.3  | Stourport     | 10/05/17 |
| 50 – 54                  | Les Scrivens                                                      | 10.37.8  | Worcester     | 10/08/95 |
| 55 – 59                  | John Marshall                                                     | 11.12.0  | Droitwich     | 08/08/91 |
| 60 – 64                  | Les Scrivens                                                      | 12.18.0  | Worcester     | 14/08/08 |
| 65 – 69                  | Les Scrivens                                                      | 12.20.6  | Brierley Hill | 07/07/10 |
| 70+                      | Les Scrivens                                                      | 13.31.3  | Stourport     | 28/05/14 |
| <b>Relays (age mix)</b>  |                                                                   |          |               |          |
| 4x100                    | Laurence Oldfield, Richard Perkins, Derek Naish & Dennis Kelly    | 49.4     | Birm'ham Uni  | 13/06/96 |
| 4x200                    | Laurence Oldfield, Richard Perkins, Dennis Kelly & Stewart Halion | 1.42.5   | Birmingham    | 04/09/91 |
| 4x400                    | Laurence Oldfield, Derek Naish, Dennis Kelly & Stewart Halion     | 3.48.9   | Worcester     | 07/08/97 |
| Medley (200 200 400 800) | Laurence Oldfield, Richard Perkins, Dennis Kelly & Stewart Halion | 3.56.6   | Redditch      | 06/08/92 |

| Event / Age              | Name          | Record  | Venue            | Date     |
|--------------------------|---------------|---------|------------------|----------|
| <b>FIELD</b>             |               |         |                  |          |
| <b>Javelin</b>           |               |         |                  |          |
| 35 – 39                  | Jim Cowell    | 48.37   | Leamington       | 01/08/10 |
| 40 – 44                  | Dennis Kelly  | 39.36   | Redditch         | 06/08/92 |
| 45 – 49                  | Phil Goddard  | 36.30   | Worcester        | 10/08/95 |
| 50 – 54                  | Roger King    | 30.56   | Droitwich        | 08/08/91 |
| 55 – 59                  | Phil Goddard  | 30.91   | Brierley Hill    | 08/08/07 |
| 60 – 64 (600g)           | Mike Small    | 35.67   | Brierly Hill     | 27/05/15 |
| 60 – 64 (700g)           | Mike Small    | 34.00   | Redditch         | 29/07/15 |
| 60 – 64 (800g)           | Mike Small    | 32.01   | Stourport        | 30/04/15 |
| 65 – 69 (500g)           | Roger King    | 23.41   | Redditch         | 12/06/08 |
| 70 - 74 (500g)           | Ian Bowles    | 19.50   | Nuneaton         | 09/06/14 |
| 70 - 74 (800g)           | Roger King    | 20.59   | Worcester        | 19/07/11 |
| 75+                      | Roger King    | 21.33   | Worcester        | 07/09/14 |
| <b>Shot</b>              |               |         |                  |          |
| 35 – 39 (7.26Kg)         | Jim Cowell    | 10.89   | Corby            | 06/06/10 |
| 40 – 44 (7.26Kg)         | Damon Cripps  | 11.14   | Worcester        | 30/08/15 |
| 45 – 49 (7.26Kg)         | Marc Flannery | 10.51   | Brierley Hill    | 08/08/07 |
| 50 – 54 (6Kg)            | Marc Flannery | 11.07i  | Sheffield        | 05/02/12 |
| 55 – 59 (6Kg)            | Marc Flannery | 10.34   | Hereford         | 13/05/17 |
| 60 – 64 (5Kg)            | Mike Small    | 12.02   | Brecon           | 14/06/15 |
| 60 – 64 (6Kg)            | Mike Small    | 10.62   | Nuneaton         | 04/09/16 |
| 60 – 64 (7.26Kg)         | Mike Small    | 10.05   | Brierly Hill     | 27/05/15 |
| 65 – 69 (5Kg)            | Ian Bowles    | 9.82    | Worcester        | 12/05/12 |
| 65 – 69 (6Kg)            | Ian Bowles    | 8.57    | Brierley Hill    | 27/06/12 |
| 70 - 74 (4Kg)            | Ian Bowles    | 10.25   | Nuneaton         | 09/06/14 |
| 75+                      | Roger King    | 7.97    | Worcester        | 07/09/14 |
| <b>Hammer</b>            |               |         |                  |          |
| 35 – 39 (7.26Kg)         | Nick Daniel   | 33.62   | Leamington       | 01/08/10 |
| 40 – 44 (7.26Kg)         | Damon Cripps  | 39.55   | Manchester       | 23/05/15 |
| 45 – 49 (7.26Kg)         | Marc Flannery | 23.31   | Worcester        | 04/08/07 |
| 50 – 54 (6Kg)            | Marc Flannery | 25.50   | Nuneaton         | 01/09/13 |
| 55 – 59                  | Marc Flannery | 27.01   | Stourport        | 10/05/17 |
| 60 – 64 (5Kg)            | Mike Small    | 40.93   | Brecon           | 14/06/15 |
| 60 – 64 (6Kg)            | Mike Small    | 33.60   | Stourport        | 30/04/15 |
| 65 – 69 (5Kg)            | Ian Bowles    | 29.17   | Nuneaton         | 09/06/13 |
| 70+ (4Kg)                | Ian Bowles    | 33.03   | Worcester        | 24/05/14 |
| 70+ (5Kg)                | Ian Bowles    | 30.46   | Worcester        | 30/07/14 |
| <b>Discus</b>            |               |         |                  |          |
| 35 – 39 (2Kg)            | Nick Daniel   | 30.14   | Brierley Hill    | 07/07/10 |
| 40 – 44 (2Kg)            | Lee Newman    | 46.86   | Lee Valley       | 10/03/18 |
| 45 – 49 (2Kg)            | Marc Flannery | 31.58   | Stourport        | 03/07/10 |
| 50 – 54 (1.5Kg)          | Marc Flannery | 33.28   | Horspath, Oxford | 12/09/10 |
| 55 – 59 (1.5Kg)          | Marc Flannery | 31.12   | Hereford         | 13/05/17 |
| 60 – 64 (1Kg)            | Mike Small    | 42.09   | Birmingham       | 19/09/15 |
| 60 – 64 (1.5Kg)          | Mike Small    | 35.22   | Brierly Hill     | 27/05/15 |
| 65 – 69 (1Kg)            | Ian Bowles    | 38.15   | Derby            | 21/07/12 |
| 70+ (1Kg)                | Ian Bowles    | 36.59   | Nuneaton         | 08/06/14 |
| <b>Weight</b>            |               |         |                  |          |
| 60 – 64 (9.08Kg)         | Mike Small    | 16.27   | Brecon           | 14/06/15 |
| <b>Throws Pentathlon</b> |               |         |                  |          |
| 60-64                    | Mike Small    | 3545pts | Birmingham       | 19/09/15 |

|                    |               |       |               |          |
|--------------------|---------------|-------|---------------|----------|
| <b>Long Jump</b>   |               |       |               |          |
| 35 – 39            | x             |       |               |          |
| 40 – 44            | Marc Flannery | 5.92  | Solihull      | 2001     |
| 45 – 49            | Marc Flannery | 5.66  | Nuneaton      | 01/09/07 |
| 50 - 54            | Roger King    | 5.15  | Brierley Hill | 10/07/91 |
| 55 - 59            | Henry Hopkins | 4.96  | Southampton   | 31/05/17 |
| 60 – 64            | Henry Hopkins | 4.91  | Southampton   | 11/4/18  |
| 65 - 69            | Roger King    | 4.32  | Worcester     | 14/08/08 |
| 70 - 74            | Roger King    | 3.98  | Worcester     | 20/04/10 |
| 75+                | Roger King    | 3.51  | Worcester     | 07/09/14 |
| <b>Triple Jump</b> |               |       |               |          |
| 35 - 39            | x             |       |               |          |
| 40 – 44            | Jez Church    | 11.64 | Tidworth      | 21/09/02 |
| 45 - 49            | Roger King    | 11.06 | Wolverhampton | 14/07/85 |
| 50 - 54            | Roger King    | 10.15 | Brierley Hill | 10/07/91 |
| 55 - 59            | Henry Hopkins | 10.22 | Lee Valley    | 12/03/17 |
| 60 – 64            | Henry Hopkins | 10.18 | Southampton   | 06/06/18 |
| 65 - 69            | Roger King    | 8.31  | Redditch      | 11/06/09 |
| 70 - 74            | Roger King    | 7.10  | Birmingham    | 15/09/12 |
| 75+                | Roger King    | 6.62  | Brierly Hill  | 27/05/15 |
| <b>High Jump</b>   |               |       |               |          |
| 35 - 39            |               |       |               |          |
| 40 – 44            | Jez Church    | 1.70  | Derby         | 23/09/01 |
| 45 - 49            | Marc Flannery | 1.57i | Lee Valley    | 10/02/08 |
| 50 - 54            | Marc Flannery | 1.56i | Sheffield     | 05/02/12 |
| 55 - 59            | Marc Flannery | 1.50  | Stourport     | 10/05/17 |
| 60 – 64            | Ian Bowles    | 1.25  | Tipton        | 09/07/08 |
| 65 - 69            | Ian Bowles    | 1.20  | Brierley Hill | 27/06/12 |
| 70+                | Ian Bowles    | 1.18  | Nuneaton      | 08/06/14 |
| <b>Pole Vault</b>  |               |       |               |          |
| 35 - 39            | x             |       |               |          |
| 40 – 44            | Marc Flannery | 3.10  | Brierley Hill | 05/08/02 |
| 45 - 49            | Marc Flannery | 3.05  | Worcester     | 14/08/08 |
| 50 - 54            | Marc Flannery | 2.90  | Solihull      | 06/07/11 |
| 55 - 59            | Marc Flannery | 2.81  | Solihull      | 28/06/17 |
| 60 – 64            | Dave Hope     | 1.70  | Worcester     | 14/08/08 |
| 65 - 69            | Dave Hope     | 1.90  | Worcester     | 01/08/13 |
| 70+                | x             |       |               |          |