

Midland Cross Country Championships

Loughborough 30th January 2016

WAC results

U/13 Boys

28th Sam Morgan, 69th Josh Noon, 88th Riley Carpenter. (99 finishers)

U/15 Girls

37th Holly Love, 46th Deanna Clarke, 77th Elise Blake. (86 finishers)

U/17 Women

8th Sophie Tohill. (47 finishers)

U/17 Men

16th Lewis Sternkopf, 53rd Philip Capewell. (56 finishers)

U/20 Men

5th Dan Stock. (42 finishers.)

Hereford & Worcester Schools Cross Country Championships

Hereford Racecourse, 6th February 2016

There was also the **Herefordshire & Worcestershire Schools X/C Championships** at Hereford racecourse last Saturday and there was a good turn out of WAC youngsters. Some notable performances were a win for Dan Stock with Lewis Sternkopf in third supported by Phil Capewell in the Senior boys. A win for Sophie Tohill, 2nd for Nixie Turner, 3rd for Helen Jubb in Senior girls. There was also a win for Rosie Barnes in the Junior girls race supported by Holly Love in 4th place. James Dale placed 3rd or fourth in the Junior boys race supported by high placings from Sam Morgan and Josh Noon.