

## A run amongst the trees

Following heavy overnight rain and a cloud burst 10 minutes before the off, it proved an ideal day for running the annual Worcester Athletic Club's Bulmers Bash, a race around Bulmers orchards at Wichenford. With the apple trees in bloom, it must be one of the prettiest races in Worcestershire. 100 runners set out to complete this hilly and demanding course. Athletes came from all around the Midlands, Lincolnshire, Hereford and Wales and two competitors came from Chichester to compete. Conditions made the attempt at a new record difficult as the surface were decidedly slippery underfoot in places following the rain. Iain Porter from CLC Striders, Cheltenham was the winner, completing the course in a time of 40 minutes 09 seconds and Adam Pollock from Worcester Athletic Club was second in a time of 41:04. The first lady was Emma Robertson from Worcester Athletic Club in a time of 46:04 with last year's winner Sarah Kellett from Black Pear Joggers claiming second place. All competitors received a commemorative bottle opener and a bottle of cider, courtesy of Bulmers. The club would like to thank Bulmers for their continued support of this event. A donation of £100 to The Midlands Air Ambulance was made out of the proceeds of the race.



Ladies winner Emma Robertson



Men's winner Iain Porter