

Birmingham & District Invitation Cross Country League Division 2

Race 4 at Ullenwood, Cheltenham on 10/02/18 hosted by CLC Striders - 10 Kilometre

Worcester Athletic Club promoted to Division 1

Worcester Athletic Club's Senior Men concluded their cross-country season on Saturday with an emphatic win over rivals Telford AC and Cannock & Stafford AC. This was the 4th and final race in the series that ended with Worcester AC placing 2nd overall, only 88 points behind the division winners Telford. All three teams were promoted to Division 1 of this prestigious cross-country league, arguably the strongest in the UK.

First Worcester runner home in the field of over 250 competitors was Dan Stock (Junior Man) 36:25 in 5th only 40 seconds behind winner Chris Perrin from Cannock & Stafford AC. Close packing from the "A" team followed, their six scorers came home in the top 26, demonstrating great endurance and cross country technique, in spite of biting wind-chill and an undulating, heavy course.

6th Ben Jones 36:43
11th Ben Duncan 38:07
15th Dan Geisler 38:17
24th Mark Teague 38:59
26th Mike Jeavons 39:03

The "B" team demonstrated the value of fighting for every place in this toughest of sports, and followed closely with

35th Richard Walsh 39:32
43rd Robbie Campbell 39:47
44th Adam Pollock 39:47
53rd Kevin McMillan 40:10
58th Lewis Sternkopf 40:20
81st Luke Sheppard 41:40

Worcester's strength in depth was highlighted by the success of their "B" team who would have placed 8th out of the 17 competing teams at this fixture. Throughout the series they finished 1st in 3 out of 4!

The team was completed by

88th Ciaran Connor 42:10
90th David O'Brien 42:12
93rd Darren Salisbury 42:17
98th Jonathon Holland 42:34
99th Stefan Sternkopf 42:39
141st Andrew Peach 44:42
256th Chris Crosswell 67:43

With the club's promotion back to Division 1 we look forward to next season and are confident of re-establishing Worcester's position in the Birmingham League; with over 28 athletes competing across the 4 matches our strength in depth shows great promise. This season's campaign was masterminded by Dave Waldron (Team Manager), and thanks go to our designated official Derek Cowdrey. The senior men's next endurance challenge is the Area and National 12 Stage Road Relays in March at Sutton Park.

Series Final Results - Division 2

- 1 Telford AC
- 2 Worcester AC
- 3 Cannock & Stafford AC
- 4 Halesowen A&CC
- 5 Bournville Harriers
- 6 Bromsgrove & Redditch
- 7 Black Pear Joggers
- 8 Stratford upon Avon AC
- 9 Dudley & Stourbridge Harriers
- 10 C.L.C. Striders RC
- 11 Tamworth AC

- 12 Kings Heath Running Club
- 13 Spa Striders
- 14 Massey Ferguson RC
- 15 Gloucester AC
- 16 Northbrook AC
- 17 Dudley Kingswinford RC

Further details on Worcester AC can be found at www.worcester-ac.co.uk



Mass start. Dan Stock [518 centre] leads the field out.



Ben Jones [505] chases winner C. Perrin [147] Telford AC and S. Millward [193] Gloucester AC



Ben Duncan [498]



Team Worcester at 1st match - Telford. Showing new club vests.