

Birmingham Cross Country League – Race 3 – Northampton 12/01/2019



Worcester AC's Senior Men's team travelled to Northampton for Race 3 of the Birmingham league on Saturday hoping for another strong performance to help consolidate their place in mid table of Division 1.

On an undulating course with two hills of note and several long sweeping descents the runners were able to put the last few months of interval training to good use by finishing in quick times.

The first runner home was George Beardmore (Junior Man) in a time of 32:31 in 25th place overall, only 1 minute 52 seconds behind the winner Omar Ahmed of Birchfield Harriers.

He was followed home by Ben Jones 32:50 33rd, Ben Duncan 33:30 49th, Jake Watson 34:40 87th, Mark Teague 34:42 89th & Richard Walsh 35:08 101st who collectively make up Worcester's scoring A Team.

The B team had a strong showing also with Robbie Campbell leading them home in 35:33 and 111th place overall. Adam Pollock was the next finisher in 36:56 with Ciaran Connor 37:19, Stefan Sternkopf 37:25, Kevin McMillan 37:41 & Matt Fairlamb 37:43 making up the remainder of the B team.

The other Worcester AC runners on the day were: David Price 37:49, Dave O'Brien 40:06, Tom Bentley 40:10, Jeremy Burton 42:14 and David Pound 44:35.

On the day Worcester A Team finished in 9th place with a scoring total of 384 points well ahead of Wolverhampton & Bilston but unfortunately some way off Tipton Harriers in 8th.

This result leaves Worcester AC 9th in the overall series table on 1175 points, 236 points behind Rugby & Northampton in 8th and 283 points ahead of Wolverhampton & Bilston in 10th.

The team will be traveling to Telford for the final race of the season on Saturday 9th February hoping a strong performance will help them to their highest finish in Division 1 for many years.

Division 1 Table after Race 3

Senior Men		Series Points	Match 1	Match 2	Match 3	Match 4	Total	BestOf3
1	A Team	Birchfield Harriers	65	48	106		219	
2		Loughborough Students	64	219	88		371	
3		University of Birmingham	167	106	139		412	
4		Tipton Harriers	143	172	283		598	
5		Cheltenham&County	183	166	269		618	
6		Coventry Godiva Harriers	302	257	168		727	
7		City Of Stoke	374	257	255		886	
8		Rugby&Northampton	273	511	155		939	
9		Worcester AC	365	426	384		1175	
10		Wolverhampton&Bilston	572	436	450		1458	
11		Cannock&Stafford	585	458	467		1510	
12		Leamington C & AC	515	616	494		1625	
13		University of Warwick	576	615	465		1656	
14		BRAT Club	716	617	474		1807	
15		Kenilworth Runners	653	653	587		1893	
16		Telford AC	1069	949	1110		3128	
1	B Team	University of Birmingham	394	266	408		1068	
2		Birchfield Harriers	422	343	628		1393	
3		Loughborough Students	348	649	437		1434	
4		Tipton Harriers	683	543	1044		2270	
5		Worcester AC	896	897	862		2655	
6		Coventry Godiva Harriers	1008	1036	691		2735	
7		BRAT Club	1062	1000	835		2897	
8		Rugby&Northampton	1165	1253	608		3026	
9		Wolverhampton&Bilston	1095	918	1067		3080	
10		Kenilworth Runners	1149	1029	932		3110	
11		Leamington C & AC	1096	1118	897		3111	
12		Cheltenham&County	415	412			827	
13		University of Warwick	1145	966			2111	