

## RESULTS – Inter Club Triangular Virtual 5K Series

## RACE 1

After Race 1 of this Inter Club Virtual Series between Black Pear Joggers, Malvern Buzzards Running Club and Worcester AC it is clear that the other two teams have taken the competition seriously and embraced it!

Sorry to say that we had 9 ladies competing, and only the bare minimum fielded by the men – but it was encouraging that some of those ladies were competing after some absence. Thank you to all who made the effort.

If you check out the results, it will be clear that cross country scoring for this event means that even runners who do not make the scoring team can affect the team scores overall. Please note the closeness of the men's score between us and the Buzzards!

All is not lost however, with 2 races still to come we will need to field our strongest teams to earn some bragging rights! You can still enter the remaining races for the team's sake, but only individuals who have completed 3 races will be considered for individual honours. C'mon Woo!

Congratulations to Mike Jeavons and Derek Jackson on their 87+% age graded performance.

**Overall Combined Team**

1 – Black Pear Joggers	79 pts
2 – Malvern Buzzards RC	134 pts
3 – Worcester AC	148 pts

**Female Team**

1 – Black Pear Joggers	40 pts
2 – Malvern Buzzards RC	59 pts
3 – Worcester AC	79 pts

**Male Team**

1 – Black Pear Joggers	39 pts
2 – Worcester AC	69 pts
3 – Malvern Buzzards RC	75 pts

**Individual Female**      **Bernadette Pelster**    W40    BPJ    19:16

**Individual Male**      **Ian Radford**                    M40    BPJ    16:15

For info: Age Graded Results as supplied by Opentrack

Best performances during the meeting (experimental) \*\*

% WR	%Age grade	Name (age)	Event	Perf
79.9	84.96	Ian Radford (41)	5K	16:15.00
79.65	87.83	Mike Jeavons (46)	5K	16:18.00
77.98	79.65	Tony Farnsworth (35)	5K	16:39.00
76.64	79.7	Bernadette Pelster (42)	5K	19:16.00
75.7	76.61	David Price (33)	5K	17:09.00
75.56	85.85	Adam Wilson (50)	5K	17:11.00
69.76	81.61	Sarah Armstrong (54)	5K	21:10.00
65.57	87.26	Derek Jackson (69)	5K	19:48.00

\* AG = WMA age grade; %WR = WMA age grade "as if" aged as senior; effectively a percentage of world best in 2010.

\*\* This calculated data is experimental, and not guaranteed to be correct and consistent yet

**RACE  
1****OVERALL**

<b>Place</b>	<b>Performance</b>	<b>First Name</b>	<b>Last Name</b>	<b>Category</b>	<b>Team</b>
1	16:15.00	Ian	Radford	M40	BPJ
2	16:18.00	Mike	Jeavons	M45	WORC
3	16:39.00	Tony	Farnsworth	M35	BPJ
4	17:09.00	David	Price	SM	WORC
5	17:11.00	Adam	Wilson	M50	MALVB
6	17:33.00	Neil	Laurenson	M35	BPJ
7	17:35.00	Richard	Walsh	M35	WORC
8	17:45.79	Matt	Moon	M40	BPJ
9	17:47.00	Matt	Fairlamb	M40	WORC
10	17:49.00	Nick	Drabble	M35	BPJ
11	17:54.00	Scott	Collison	M45	BPJ
12	18:11.00	Steve	Beldon	M45	MALVB
13	18:14.00	Cassian	MacKean	SM	MALVB
14	18:19.00	James	Lush	SM	MALVB
15	18:24.00	Keith	Evans	M50	MALVB
16	18:25.00	Carl	Salmon	M35	MALVB
17	18:36.00	Marc	Heptinstall	SM	MALVB
18	18:40.00	Chris	Harle	M45	WORC
19	18:53.00	Joel	Beard	U20M	BPJ
20	18:55.00	Simeon	Foreman	M45	MALVB
21	18:58.00	Chris	Attwood	M45	BPJ
22	19:03.00	Tom	Hall	M40	MALVB
23	19:04.00	Daniel	Scolari	M35	BPJ
24	19:06.00	Paul	Evans	M35	BPJ
25	19:16.00	Bernadette	Pelster	W40	BPJ
26	19:44.00	Clive	Andrews	M50	BPJ
27	19:48.00	Derek	Jackson	M65	BPJ
28	19:49.00	Nick	Hooper	M50	BPJ
29	19:58.00	Sally	Russell	W40	BPJ
30	20:02.00	Adam	Dyson	M40	MALVB
31	20:16.00	Owen	Jarman	M55	WORC
32	21:01.00	Isabel	Jeavons	U20W	WORC
33	21:02.00	Michael	Martin	M45	BPJ
34	21:10.00	Sarah	Armstrong	W50	MALVB
35	21:18.00	Richard	Drewett	M60	BPJ
36	21:20.00	Neil	Shepherd	M35	MALVB
37	21:23.00	Ally	Walker	SW	BPJ
38	21:23.00	Simon	Griffiths	M50	BPJ
39	21:33.00	Sarah	Kellett	W40	MALVB
40	21:33.00	Simon	Bond	M40	MALVB
41	21:42.00	Richard	Plater	M55	MALVB
42	21:48.00	Jonathan	Phillips	SM	BPJ
43	21:51.00	Alison	Webb	W50	MALVB
44	21:56.00	Michelle	Ruddock	W35	BPJ
45	22:07.00	Andrew	Hughes	M50	MALVB
46	22:18.00	Vikki	Sivertsen	W50	MALVB
47	22:53.00	Christopher	Berry	M50	BPJ
48	22:55.00	Alister	Bennett	SM	MALVB
49	23:30.00	Alison	Buttle	W45	BPJ
50	23:38.00	Rachael	Alexander	W40	WORC
51	23:40.94	David	Bessant	M50	BPJ
52	23:41.00	Alison	Owens	W45	MALVB
53	23:42.00	Jack	Young	SM	MALVB
54	23:46.00	Wendy	Bennett	W50	WORC
55	23:50.00	Dawn	Drabble	SW	BPJ

56	23:55.00	David	Capewell	M50	WORC
57	23:58.00	Kevin	Hart	M50	MALVB
58	24:07.00	Karen	Holland	W45	WORC
59	24:20.00	Laura	Plummer	W35	BPJ
60	24:23.00	Lorraine	Griffiths	W50	BPJ
61	24:30.00	Helen	Jubb	SW	WORC
62	24:42.00	Ewelina	Skalska	SW	WORC
63	24:49.00	Rosie	Bligh	SW	BPJ
64	24:53.00	Julie	Caseley	W60	MALVB
65	24:57.00	Katherine	Barnes	SW	BPJ
66	25:09.00	Kate	Dolphin	W35	MALVB
67	25:11.00	Megan	James	W35	MALVB
68	25:51.00	Emma	Foreman	W50	MALVB
69	25:52.00	Gillian	Jubb	W55	WORC
70	25:54.00	Alice	Dyson	W35	MALVB
71	26:01.00	Elizabeth	Crosswell	W40	MALVB
72	26:06.00	Gillian	Lynes	SW	MALVB
73	26:09.00	Di	Fox	W50	BPJ
74	26:35.00	Lindsey	Goodrum	W35	BPJ
75	26:51.00	Victoria	Coutts	W45	MALVB
76	27:05.00	Elizabeth	Price	W40	MALVB
77	27:35.00	Jason	Cox	M50	MALVB
78	27:58.00	Claire	Short	W35	MALVB
79	28:17.00	Daniel	Kelly	SM	MALVB
80	28:22.00	Margaret	Crosswell	W70	WORC
81	29:50.00	Usha	Hira	W45	BPJ
82	30:00.00	Scott	Mitchell	M35	MALVB
83	30:03.00	James	Gillson	M50	MALVB
84	30:04.00	Claire	Shacklock	W35	BPJ
85	30:48.00	Carole	Clark	W70	WORC
86	31:04.00	Kim	Alston	W55	MALVB
87	31:13.00	Jennie	Bond	W40	MALVB
88	31:55.00	Alison	Foster	W55	MALVB
89	32:38.00	Diane	Beale	W50	MALVB
90	40:50.00	Alun	Rees	M40	MALVB

**RACE**

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**FEMALE**

Place	Performance	First Name	Last Name	Category	Team	BPJ	MB	WAC
1	19:16.00	Bernadette	Pelster	W40	BPJ	1		
2	19:58.00	Sally	Russell	W40	BPJ	2		
3	21:01.00	Isabel	Jeavons	U20W	WORC			3
4	21:10.00	Sarah	Armstrong	W50	MALVB		4	
5	21:23.00	Ally	Walker	SW	BPJ	5		
6	21:33.00	Sarah	Kellett	W40	MALVB		6	
7	21:51.00	Alison	Webb	W50	MALVB		7	
8	21:56.00	Michelle	Ruddock	W35	BPJ	8		
9	22:18.00	Vikki	Sivertsen	W50	MALVB		9	
10	23:30.00	Alison	Buttle	W45	BPJ	10		
11	23:38.00	Rachael	Alexander	W40	WORC			11
12	23:41.00	Alison	Owens	W45	MALVB		12	
13	23:46.00	Wendy	Bennett	W50	WORC			13
14	23:50.00	Dawn	Drabble	SW	BPJ	14		
15	24:07.00	Karen	Holland	W45	WORC			15
16	24:20.00	Laura	Plummer	W35	BPJ			
17	24:23.00	Lorraine	Griffiths	W50	BPJ			
18	24:30.00	Helen	Jubb	SW	WORC			18
19	24:42.00	Ewelina	Skalska	SW	WORC			19

20	24:49.00	Rosie	Bligh	SW	BPJ	
21	24:53.00	Julie	Caseley	W60	MALVB	21
22	24:57.00	Katherine	Barnes	SW	BPJ	
23	25:09.00	Kate	Dolphin	W35	MALVB	
24	25:11.00	Megan	James	W35	MALVB	
25	25:51.00	Emma	Foreman	W50	MALVB	
26	25:52.00	Gillian	Jubb	W55	WORC	
27	25:54.00	Alice	Dyson	W35	MALVB	
28	26:01.00	Elizabeth	Crosswell	W40	MALVB	
29	26:06.00	Gillian	Lynes	SW	MALVB	
30	26:09.00	Di	Fox	W50	BPJ	
31	26:35.00	Lindsey	Goodrum	W35	BPJ	
32	26:51.00	Victoria	Coutts	W45	MALVB	
33	27:05.00	Elizabeth	Price	W40	MALVB	
34	27:58.00	Claire	Short	W35	MALVB	
35	28:22.00	Margaret	Crosswell	W70	WORC	
36	29:50.00	Usha	Hira	W45	BPJ	
37	30:04.00	Claire	Shacklock	W35	BPJ	
38	30:48.00	Carole	Clark	W70	WORC	
39	31:04.00	Kim	Alston	W55	MALVB	
40	31:13.00	Jennie	Bond	W40	MALVB	
41	31:55.00	Alison	Foster	W55	MALVB	
42	32:38.00	Diane	Beale	W50	MALVB	

**Team  
Total**      **40    59    79**

**RACE  
1**

**MALE**

Place	Performance	First Name	Last Name	Category	Team	BPJ	MB	WAC
1	16:15.00	Ian	Radford	M40	BPJ	1		
2	16:18.00	Mike	Jeavons	M45	WORC			2
3	16:39.00	Tony	Farnsworth	M35	BPJ	3		
4	17:09.00	David	Price	SM	WORC			4
5	17:11.00	Adam	Wilson	M50	MALVB		5	
6	17:33.00	Neil	Laurenson	M35	BPJ	6		
7	17:35.00	Richard	Walsh	M35	WORC			7
8	17:45.79	Matt	Moon	M40	BPJ	8		
9	17:47.00	Matt	Fairlamb	M40	WORC			9
10	17:49.00	Nick	Drabble	M35	BPJ	10		
11	17:54.00	Scott	Collison	M45	BPJ	11		
12	18:11.00	Steve	Beldon	M45	MALVB		12	
13	18:14.00	Cassian	MacKean	SM	MALVB		13	
14	18:19.00	James	Lush	SM	MALVB		14	
15	18:24.00	Keith	Evans	M50	MALVB		15	
16	18:25.00	Carl	Salmon	M35	MALVB		16	
17	18:36.00	Marc	Heptinstall	SM	MALVB			
18	18:40.00	Chris	Harle	M45	WORC			18
19	18:53.00	Joel	Beard	U20M	BPJ			
20	18:55.00	Simeon	Foreman	M45	MALVB			
21	18:58.00	Chris	Attwood	M45	BPJ			
22	19:03.00	Tom	Hall	M40	MALVB			
23	19:04.00	Daniel	Scolari	M35	BPJ			
24	19:06.00	Paul	Evans	M35	BPJ			
25	19:44.00	Clive	Andrews	M50	BPJ			
26	19:48.00	Derek	Jackson	M65	BPJ			
27	19:49.00	Nick	Hooper	M50	BPJ			
28	20:02.00	Adam	Dyson	M40	MALVB			

