

2023 Worcestershire 10km Championships

Pitchcroft 10k Wednesday 19th July 2023

Catogory	Place	Name	Club	Time
Senior Men				
	Gold	Jake Watson	Worcester AC	0:32:22
	Silver	Tony Farnsworth	Worcester AC	0:33:12
	Bronze	Daniel Geisler	Worcester AC	0:33:13
Vet Men 40-49				
	Gold	Mark Fritchley	Worcester AC	0:35:45
	Silver	Simon Richardson	Malvern Joggers	0:36:33
	Bronze	Darryll Thomas	Bromsgrove & Redditch AC	0:36:42
Vet Men 50-59				
	Gold	Christian Harle	Worcester AC	0:36:55
	Silver	David E Lewis	Halesowen A&CC	0:37:33
	Bronze	Carl Stainton	Warley Woods Pacers	0:37:55
Vet Men 60+				
	Gold	Kevin Minogue	Birmingham R & Tri Club	0:44:24
	Silver	Richard Drewett	Worcester AC	0:45:32
	Bronze	Nick Yarworth	Black Pear Joggers	0:47:09
Senior Ladies				
	Gold	Lucy Bennett	Black Pear Joggers	0:53:23
	Silver			
	Bronze			
Lady Vet 40-49				
	Gold	Lisa Thomas	Bromsgrove & Redditch AC	0:37:27
	Silver	Nikki Juniper	Black Pear Joggers	0:37:43
	Bronze	Kate Dolphin	Malvern Buzzards RC	0:44:39
Lady Vet 50-59				
	Gold	Alison Webb	Malvern Buzzards RC	0:41:38
	Silver	Lindsey Lewis-Painter	Evesham Vale RC	0:43:56
	Bronze	Ann Hewlett	Pershore Plum Plodders	0:53:30
Lady Vet 60+				
	Gold	Julie Caseley	Malvern Buzzards RC	0:50:58
	Silver	Eleanor Robinson	Pershore Plum Plodders	0:55:59
	Bronze			
Male Team				
Gold	Worcester AC	Jake Watson	Tony Farnsworth	Daniel Geisler
Silver	Malvern Joggers	Shaun Green	Simon Richardson	Ben Toon
Bronze	Black Pear Joggers	Kieran Deegan	Ian Wild	Adam Knights
Female team				
Gold	Black Pear Joggers	Nikki Juniper	Natasha Dent	Lucy Bennett
Silver	Malvern Buzzards RC	Alison Webb	Kate Dolphin	Julie Caseley
Bronze				