

BRITISH MASTERS TRACK AND FIELD CHAMPIONSHIPS – DERBY 2023

Jan Timberlake – W55 – British Champion – Gold, 2 Silvers & 1 Bronze

HJ	1.21	1	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
LJ	3.85	2	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
TJ	8.28	2	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
DT1K	19.82	5	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
JT500	22.41	3	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23

Angela Bryant – W60 – 1 Silver & 1 Bronze

100	15.26	2	h2	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
100	15.26	3		Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
200	31.95	2		Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
400	93.90	6		Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23

Mel Garland – W60 – British Champion – 3 Golds & 1 Silver

100	14.63	1	h1	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
100	14.66	1		Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
HJ	1.30	2		Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
LJ	4.18	1		Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
TJ	9.07	1		Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23

Iris Holder – W60 – British Champion – Gold

LJ	2.34	1	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
----	------	---	-------	---	----------

Clare Gratrix – W45 – British Champion – Gold

HJ	1.30	1	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
----	------	---	-------	---	----------

Louise Kirby – W55 – British Champion – Gold, & 1 Bronze

100	15.01	3	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
200	31.81	4	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
300HW	61.89	1	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
LJ	3.51	4	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 2

Richard White – M60 – British Champion – Gold

300HM60	47.17	1	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 2
---------	-------	---	-------	---	---------

Andi Cresswell – M40

HJ	1.60	4	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
JT800	41.23	4	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23

Damon Cripps – M50 – 1 Bronze

SP6K	11.57	3	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
WT11.34K	12.25	5	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
DT1.5K	35.92	5	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23
HT6K	42.99	4	Derby	BMAF - British Masters AF Track & Field Championships	2 Sep 23

BRITISH CHAMPIONS (GOLD) – EIGHT

SILVER MEDALISTS – FOUR

BRONZE MEDALISTS – FOUR

Congratulations to ALL our Worcester AC Vet Athletes, amazing results...