

<u>Pos</u>	<u>No</u>	<u>Name</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
1	189	Jake Watson	SM	Worcester AC	0:44:42
2	151	Lewis Roberts	SM	Worcester AC	0:47:07
3	99	Luke Jones	SM	U/A	0:48:00
4	25	Robbie Campbell	M40	Worcester AC	0:48:17
5	159	Henry Sly	M40	Bristol and West AC	0:48:57
6	144	Karl Quiney	SM	Tipton Harriers	0:49:37
7	34	Timothy Cook	SM	Malvern Joggers	0:49:56
8	130	Will Morris	SM	Worcester AC	0:50:12
9	170	Benjmain Stanaway	SM	West Bromwich Harriers	0:50:37
10	60	Keith Evans	M50	Malvern Buzzards RC	0:51:00
11	53	Michael Dymond	SM	Malvern Buzzards RC	0:51:06
12	155	Carl Salmon	SM	Malvern Buzzards RC	0:51:10
13	45	Peter Dear	SM	Halesowen A&CC	0:51:45
14	70	Peter Gandon	SM	U/A	0:51:59
15	61	Lewis Faulkner	M40	Malvern Buzzards RC	0:52:23
16	50	Christian Dowle	M50	Malvern Buzzards RC	0:52:32
17	186	Henry Walker	SM	Malvern Buzzards RC	0:52:51
18	147	Hugo Rees	M50	U/A	0:53:22
19	101	Nikki Juniper	F35	Black Pear Joggers	0:53:35
20	48	Chris Dent	M40	Black Pear Joggers	0:54:02
21	57	Nigel Edginton	M40	U/A	0:54:06
22	110	Nick Lewis	M40	Almost Athletes	0:54:07
23	37	David Creber	SM	U/A	0:54:13
24	174	James Taylor	SM	Bournville Harriers	0:54:55
25	43	Colin Davies	SM	U/A	0:55:11
26	187	Neil Warne	M40	Malvern Buzzards RC	0:55:19
27	146	Alun Rees	M40	Malvern Buzzards RC	0:55:22
28	80	Hugh H	SM	U/A	0:55:24
29	105	Andy Kenchington	M50	Malvern Buzzards RC	0:55:42
30	176	Gareth Thomas	M40	Malvern Joggers	0:55:45
31	5	Chris Attwood	M40	Black Pear Joggers	0:56:28
32	167	Robbie Spargo	SM	U/A	0:56:38
33	205	Shane Jackson	SM	U/A	0:56:55
34	172	Mark Tanner	M40	Bromsgrove and Redditch AC	0:57:19
35	16	Brett Belshaw	M40	Erewash Valley RC	0:57:20
36	14	Andrew Beard	M50	U/A	0:57:26
37	122	Kevin May	M50	U/A	0:57:51
38	83	Chris Harris	M40	Black Pear Joggers	0:57:58
39	93	Gareth Hughes	M40	Malvern Buzzards RC	0:58:25
40	17	Tom Bentley	SM	Worcester AC	0:58:44
41	56	Sam Eden	SM	Malvern Buzzards RC	0:59:40
42	116	James Malbon	M40	U/A	0:59:55
43	149	Alistair Richards	SM	Team Anstey Amblers & Runners	1:00:12
44	100	Megan Judge	SF	Black Pear Joggers	1:00:21
45	196	Michael Wood	M50	U/A	1:00:36
46	192	Max Williams	SM	U/A	1:00:44
47	11	Ben Barnett	SM	U/A	1:00:57
48	131	Oliver Morrison	SM	U/A	1:01:16
49	179	Gary Thompson	M60	Droitwich AC	1:01:24
50	81	Dimitrie-Vladut Haraga	SM	U/A	1:01:33
51	51	David Dutton	M50	Malvern Buzzards RC	1:01:39

<u>Pos</u>	<u>No</u>	<u>Name</u>	<u>Category</u>	<u>Club</u>	<u>Time</u>
52	126	Gordon Micklethwaite	M60	U/A	1:01:41
53	23	John Bryan	M40	U/A	1:01:52
54	4	Martin Aspley-Davis	M40	Bromsgrove and Redditch AC	1:02:12
55	138	Gareth Pemberton	M40	U/A	1:02:15
56	92	BEA Howarth	SF	U/A	1:02:21
57	109	Andrew Lawson	M50	U/A	1:02:23
58	195	Andy Wire	M40	U/A	1:02:38
59	21	Kate Brooks	F45	U/A	1:02:55
60	2	Daniel Anderson	SM	West Bromwich Harriers	1:02:56
61	33	Andy Conley	M50	U/A	1:03:01
62	68	Laurence Fowkes	M50	U/A	1:03:19
63	139	Simon Penson	M50	U/A	1:03:42
64	7	Freddie Baggerman	SM	U/A	1:04:33
65	169	Nick Spice	M40	U/A	1:04:42
66	62	Sophie Fennell	SF	U/A	1:05:01
67	153	Sven Rouse	M50	U/A	1:05:04
68	106	Margaret Kenchington	F65+	Malvern Buzzards RC	1:05:06
69	18	Gavin Beresford	SM	U/A	1:05:08
70	184	Luke Unsworth	M50	U/A	1:05:10
71	72	Matt Gillen	M50	U/A	1:05:14
72	145	Martin Reed-Darby	SM	Malvern Buzzards RC	1:05:29
73	55	Allan Dyus	M50	U/A	1:05:38
74	127	Robert Mole	M50	Bromsgrove and Redditch AC	1:05:43
75	115	Ryan Lyttle	SM	Black Pear Joggers	1:05:48
76	164	Catherine Smith	F35	U/A	1:05:56
77	69	Andy Gandon	M60	U/A	1:06:01
78	36	Nick Cox	M50	U/A	1:06:11
79	35	Laurence Cooper	SM	U/A	1:06:15
80	123	Trevor McGill	M60	U/A	1:06:17
81	47	Natasha Dent	F35	Black Pear Joggers	1:06:24
82	202	Lewis Young	SM	U/A	1:06:31
83	22	Tom Brown	M40	U/A	1:06:31
84	124	Andy McHugh	SM	Malvern Buzzards RC	1:06:32
85	190	Paul White	M50	Malvern Buzzards RC	1:06:37
86	117	David Marham	M60	U/A	1:06:46
87	193	Martin Williams	M40	U/A	1:06:58
88	180	Frank Tota	M60	Worcester AC	1:07:11
89	44	Sarah Davies	F35	U/A	1:07:34
90	65	Niki Forecast	SF	U/A	1:07:36
91	78	Martin Haggett	M40	U/A	1:07:40
92	200	Gareth Wynne	M40	Black Pear Joggers	1:07:46
93	204	Oleksandr Korniienko	SM	U/A	1:07:55
94	140	David Penson	SM	U/A	1:08:15
95	135	Wesley Ogden	M50	Malvern Buzzards RC	1:08:37
96	191	Tom Whitney	M40	U/A	1:08:41
97	19	Andrew Bottomley	M50	Black Pear Joggers	1:08:56
98	198	Martha Worthington	F35	Malvern Buzzards RC	1:09:15
99	119	JJ Marriott	SM	U/A	1:09:29
100	32	Anna Comfort	SF	U/A	1:09:47
101	160	Jessica Sly	F45	U/A	1:09:55
102	12	Matthew Bastin	M50	U/A	1:10:00
103	125	Lee Mears	M40	U/A	1:10:09

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104	121	Craig Matthews	M40	U/A	1:10:22
105	49	Andy Dingley	M50	Malvern Buzzards RC	1:11:19
106	54	Ian Dyus	M60	U/A	1:11:34
107	120	Catherine Martin	F35	Malvern Buzzards RC	1:11:51
108	63	James Fletcher	M40	U/A	1:11:53
109	181	Phil Troth	M40	U/A	1:11:54
110	13	Richard Beard	M40	U/A	1:11:55
111	71	Barbara Gawlak	F35	Malvern Buzzards RC	1:12:05
112	20	Tim Brockington	M60	Springfield Striders RC	1:12:07
113	143	Robert Price	M50	Builth & District AC	1:12:10
114	136	Steve Palmer	M40	U/A	1:12:11
115	8	Hazel Bamford	F35	U/A	1:12:15
116	6	Gareth Baddams	SM	U/A	1:12:37
117	154	Steve Russell	M40	U/A	1:12:58
118	104	Mick Kelly	M50	U/A	1:13:02
119	166	Robert Somer	M50	U/A	1:13:03
120	10	Justin Barnett	M50	U/A	1:13:06
121	118	Chris Marks	SM	U/A	1:13:12
122	162	Paul Smith	M50	U/A	1:13:20
123	111	Nick Lobo	M50	U/A	1:13:23
124	26	David Capewell	M50	Worcester AC	1:13:34
125	86	Vicia Hauser	F35	Malvern Joggers	1:13:48
126	73	Hannah Gray	F35	Worcestershire Trailblazers	1:14:00
127	175	Jonathan Thomas	M50	U/A	1:14:14
128	201	Jack Young	SM	Malvern Buzzards RC	1:14:58
129	79	Adam Hall	M50	U/A	1:14:59
130	107	Lee Knight	M50	U/A	1:15:14
131	97	Dan Johnson	M50	U/A	1:15:18
132	64	Abi Ford	SF	U/A	1:15:20
133	173	Roderick Taylor	M60	U/A	1:15:32
134	74	Kody Green	SM	U/A	1:15:34
135	27	Julie Caseley	F55	Malvern Buzzards RC	1:15:45
136	3	Philip Anderson	M60	Bromsgrove and Redditch AC	1:15:52
137	89	Brian Henderson	M70+	Malvern Joggers	1:15:56
138	165	Chris Smith	M50	U/A	1:16:18
139	157	Paul Short	M50	U/A	1:16:23
140	85	Michael Harvey	M40	U/A	1:16:32
141	142	Robert Plant	SM	Malvern Buzzards RC	1:16:51
142	161	Neil Smith	M50	Kenilworth Runners	1:17:26
143	76	Ad Green	SM	U/A	1:18:39
144	168	Clare Spargo	F35	U/A	1:19:06
145	77	Andrew Griffin	M70+	U/A	1:19:11
146	148	Shelley Renwick	F45	U/A	1:19:13
147	171	Nicki Swift	F45	U/A	1:19:16
148	156	Octavia Sherwood	SF	U/A	1:19:22
149	137	Kevin Peace	M60	Bournville Harriers	1:19:25
150	177	Jane Thomas	F45	Malvern Buzzards RC	1:19:32
151	158	Jamie Sircom	M40	Halesowen A&CC	1:20:00
152	178	Hannah Thompson	F35	Malvern Buzzards RC	1:20:40
153	141	Fiona Penson	F55	U/A	1:21:42
154	31	Heather Clarke	F55	U/A	1:21:48
155	134	Mandy Neufeld	F55	Angels RC	1:21:49

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156	133	Billy Narburgh	SM	U/A	1:21:52
157	150	Alison Richings	F35	Worcestershire Trailblazers	1:21:56
158	87	Stephen Hayward	M50	U/A	1:22:44
159	88	James Hayward	SM	U/A	1:22:44
160	38	Sarah Cuddy	F45	Malvern Buzzards RC	1:23:28
161	52	Dave Dyke	M50	Malvern Joggers	1:23:32
162	183	Sarah Turner	SF	Malvern Buzzards RC	1:23:57
163	112	Philippa Lord	F35	Worcestershire Trailblazers	1:24:25
164	30	Amy Chong	F35	U/A	1:24:36
165	75	Thomas Green	M40	U/A	1:24:37
166	194	Jacqui Wilson	F45	Malvern Buzzards RC	1:24:43
167	96	Mark Johnson	M60	Lonely Goat RC	1:24:52
168	114	Robert Lynch	M60	U/A	1:25:01
169	15	Terence Bedington	M70+	Kidderminster and Stourport AC	1:27:22
170	41	Alison Davies	F35	Croft Ambrey RC	1:27:23
171	24	Rachel Buckland	F55	Malvern Buzzards RC	1:27:40
172	129	Tara Moore	F45	U/A	1:28:48
173	94	Michael Ingley	M50	U/A	1:31:43
174	152	Tom Rose	M70+	U/A	1:32:12
175	98	Patricia Johnson	F65+	Malvern Joggers	1:32:57
176	84	Anna Harvey	F35	U/A	1:33:07
177	67	Sarah Fowkes	F55	Malvern Buzzards RC	1:33:26
178	103	Annie Kay	F35	U/A	1:36:30
179	82	Kate Harper	SF	U/A	1:36:30
180	203	John Brook	M70+	Worcester AC	1:36:41
181	42	Bryan Davies	M70+	Croft Ambrey RC	1:37:12
182	132	Fiona Narburgh	F55	U/A	1:40:19
183	95	Timothy Jenkins	M60	Black Pear Joggers	1:47:04