

Winter Training & Sportshall Athletics (indoor track & field).

We are having some indoor training sessions to break up the winter months

@ Nunnery Wood High School Gym

Enter the school via front door, turn right then right again through changing rooms.

Under 11s still train their normal 1 night a week. Under 13s may train twice a week.

Tuesdays	Thursdays
9 th January – Year 7 & 8 (except Daves's group) 23 rd January – All school year 6 30 th January – All school year 6 6 th February – All school year 5 13 th February – All school year 5	4 th January – All school year 5 & 6 11 th January – All school year 5 & 6 25 th January – All school year 5 & 6 1 st February – School year 7 & 8 (except Geoff's group) 8 th February – School year 7 & 8 (except Geoff's group) 15 th February – School year 7 & 8 (except Geoff's group)

Any help from parents will be much appreciated. All other training will be on the track.

Christmas holiday: There will be no U11 & U13, 6 – 7pm training, from Tuesday 19/12/17 to Thursday 28/12/17 inclusive. All other groups please check with your coach.