

The Fast and Furious 5km

Three 5km Road Races to be held on a Traffic Free Road Circuit.

PROMOTED BY WORCESTERSHIRE AA

STOURPORT SPORT CLUB, THE KINGSWAY, STOURPORT-ON-SEVERN

START 7.00.PM.

Changing Facilities, Car Parking, Refreshments.

Prizes's for the First Second and Third, Male and Females.

(in each of the three races)

Entry Fees:

£10.00 Athletics Club.

£12.00 Unattached

Limited to 100 Entries EACH RACE

Dates of races.(All Fridays) 17th July - 21st August - 18th September 2026.

Series Prizes for Doing All Three Races: PRESENTED AT RACE THREE:

All entries to be done via the online entry portal.

Entry4 Sports

Online Link:

SURNAME: FIRST NAME:

Gender: M F AGE ON RACE DAY..... DATE OF BIRTH/...../.....

ATHLETIC CLUB.....

EA URN:

EMAIL ADDRESS

Entry on the day Cash only plus surcharge of £2 on entry fee.

I hereby declare that I am an amateur as defined by UK Athletics and will abide by those rules.

I enter the race at my own risk and understand that the organisers are not responsible for any injury to myself or any loss or damage to my property.

An entry shall be deemed to have made him/herself/their selves familiar with and agree to be bound by the UKA Anti- Doping Rules and to submit to the authority of UK Anti-Doping in the application and Enforcement of the Anti-Doping Rules.

The UKA Anti -Doping Rules apply to entrants participating ion the sport of Athletics for 12 months from the 6-12-2012 whether or not the citizen or resident in the UK.

Signature

Date

For Office Use

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All entries to be done via the online entry portal.

Entry4 Sports

Online Link: <https://entry4sports.co.uk/app-v3/#/v2/show-entry-v2/1460>

You must enter each race separately through the online portal at E4S

Entries for next race will open two days after race one

(This event was formally organised by Kidderminster & Stourport AC.)

Worcestershire County AA have taken over the organising of this event to keep it in the Racing Calendar.

All three 5k races will now take place on a Friday night with a Start time of 7pm

Please note:

All UKA affiliated or Unaffiliated athletes (U14 up to Senior) can enter.

Competition Categories:

Male Open (All except Female Category)

Female (from Birth)

Please enter in the appropriate category and chose age group by birth date.

Age Groups: As defined in UKA rules TR3 S3 apart from Masters who need to be 40 or over on the day of competition in line with all Worcestershire AA competitions.

Prizes: First Three Males and Females for each of the three events

Series Prizes for Doing All Three Races: PRESENTED AT RACE THREE:

You do not need to do all three races only if you want to qualify for the series prizes.

Entry Fees: £10 Affiliated Athletes.
£12 Unaffiliated Athletes.

Entries: through the Online entry only. (entry limited to 100 each race)

Website: [Entry4Sports](#)

Please use this link to access the online site:

<https://entry4sports.co.uk/app-v3/#/v2/show-entry-v2/1460>

Closing Date:

Two days before each race.

We will take entries on the night but at a surcharge of £2 will apply.

Please use paper entry form for on the night entry

UK Anti-Doping:

all competitors (or parents if under 18) must agree to be familiar with and bound by the UK Athletics Anti-Doping rules, which can be found in detail here:

<http://www.uka.org.uk/wp-content/uploads/2021/05/210507-UKA-AD-Rules-3-combined-final.pdf>

Entrants shall be deemed to have made him/herself familiar with and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the [date of entry], whether or not the entrant is a citizen of, or resident in, the UK. For added clarification, the date of entry is the date of the event.

Further Details.

Please check the Facebook page for updates and important information prior to each event
www.worcaa.org.uk [Worcestershire County Athletic Association | Facebook](#)

Online Entry Site Link: <https://entry4sports.co.uk/app-v3/#/v2/show-entry-v2/1460>

Contact Details for Queries:

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