

WORCESTER ATHLETIC CLUB OPEN MEETINGS 2026

Nunnery Wood Sports complex, Worcester, WR5 2NL

All Entries online (via opentrack.run)

**SUBJECT TO UKA RULES. The event timings may be refined slightly up to two days before the meeting.
Please check online for final timetable the day before.**

PRIZES & AWARDS

£50 per meeting for the best single performance in that meeting (**U16 or older, any club**)

WAC club champs for U18 and above (best single performance by an athlete over the two meetings)

WAC U16 and above – £50 and trophy: best performance compared to PB across the two meetings

Thursday 25th June **(PHOTO-FINISH for the June meeting)**

Track		Field (EDM on all long throws)	
6.20 pm	400mH U18 and above (1 race)	6.30 pm	HJ U12&above (1.31m opening height)
6.35 pm	300mH U16 (1 race)	6.30 pm	Long Jump U12, U14 (4 trials)
6.50 pm	200mH U12, U14 (1 race)	6.30 pm	HT U14 and above (4 trials)
7.00 pm	100m U12 and above (8 races)	8.00 pm	DT U14 and above (4 trials)
7.40 pm	400m U18 and above (3 races)	8.00 pm	HJ U12&above (0.91m opening height)
7.55 pm	4x800 record attempt (1 race)	8.00 pm	Long Jump U16 and above (4 trials)
8.10 pm	300m U16 (2 races)		
8.25 pm	1500m U14 and above (3 races)		
8.50 pm	150m U12 (2 races)		
9.00 pm	200m U14 and above (5 races)		
9.20 pm	Finish track	9.36 pm	Sunset and field close

Tuesday 4th August **(PHOTO-FINISH for the August meeting)**

Track		Field (EDM on all long throws)	
6.30 pm	150m U12 (2 races)	6.30 pm	JT U12 and above (4 trials)
6.40 pm	600m U12 (1 races)	6.30 pm	HJ U12&above (0.92m opening height)
6.50 pm	200m U14 and above (6 races)	6.30 pm	Triple Jump U16 and above (4 trials)
7.20 pm	800m U14 & above ^{NOTE A} (6 races)	6.30 pm	PV U12 and above
7.55 pm	400m U18 and above (3 races)	7.45 pm	Long Jump U14 and above (4 trials)
8.15 pm	300m U16 (2 races)	8.00 pm	SP U14 and above (4 trials)
8.25 pm	1500m U14 & above ^{NOTE A} (2 races)	8.00 pm	HJ U12&above (1.32m opening height)
8.45 pm	100m U12 and above (8 races)		
9.20 pm	Finish track	8.57 pm	Sunset and field close

NOTE A U12/U14 may only compete in one of these events in any one meeting.

U12/U14/U16 may not compete in more than 3 events in a meeting.

All entries via opentrack.run.

Entry fees per athlete:

Senior/U20	£11.00 for first event, £3 per additional event
U18/U16	£9.00 for first event, £3 per additional event
U14/U12	£7.00 for first event, £3 per additional event

The above timetable shows the earliest start times. The number of entrants will be controlled via the entry system and the timetable has been developed with these numbers in mind, but unexpected events during the meeting may cause delays on the day. Events held under UKA rules.

Enquiries to: info@worcester-ac.co.uk

Web site: www.worcester-ac.co.uk